



"Don't Forget to Eat Your Vegetables"

# Belleville School District Elementary

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

January 2019

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

7

Pancakes  
Strawberry Topping  
Sausage Patty  
Breakfast Potato Casserole  
OR  
Turkey BLT Flatbread  
Breakfast Potato Casserole  
Fruit and Vegetable Bar

8

Happy New Year

WildCat Bowl  
Corn  
Whole Grain Dinner Roll  
OR  
Salisbury Steak  
Mashed Potatoes  
Corn  
Whole Grain Dinner Roll  
Fruit and Vegetable Bar

9

No School

Grilled Cheese Sandwich  
Tomato Soup  
Green Peas  
OR  
Pizza Dippers  
Home Made Marinara  
Green Peas  
Fruit and Vegetable Bar

10

HOM: Grapefruit

Corn Dog  
Golden French Fries  
Grapefruit Orange Coleslaw  
OR  
BBQ Pulled Pork Sandwich  
Golden French Fries  
Grapefruit Orange Coleslaw  
Fruit and Vegetable Bar

11

Homemade Pizza  
Roasted Broccoli  
OR  
Crispy Chicken Sub  
Roasted Broccoli  
Fruit and Vegetable Bar

National Milk Day

Build Your Own Cereal Bowl  
Cheese Stick  
Cinnamon Roll  
OR  
Cheeseburger on Bun  
Green Beans  
Fruit and Vegetable Bar

14

HOM: Basil and Onion

Cheesy Italian Flatbread  
Green Peas  
Garlic Toast  
OR  
Italian Pasta Bake  
Green Peas  
Garlic Toast  
Fruit and Vegetable Bar

15

All American Burger Basket  
Kettle Potato Chips  
Pickle Slice  
OR  
BBQ Pulled Pork Sandwich  
Kettle Potato Chips  
Pickle Slice  
Fruit and Vegetable Bar

16

Italian Stromboli  
Caesar Salad  
OR  
Chicken Bacon Ranch Melt  
Caesar Salad  
Fruit and Vegetable Bar

17

Beefy Nachos with Cheese  
Refried Beans  
OR  
Chicken Fajitas  
Refried Beans  
Fruit and Vegetable Bar

18

Chocolate Chip Cookie

1/2 day  
Crispy Chicken Sandwich  
Kettle Potato Chips  
Fruit and Vegetable Bar

21

No School

22

Southern Food Day

Southern Chicken Biscuit  
Coleslaw  
OR  
Roasted Hot Dog on a Bun  
Coleslaw  
Fruit and Vegetable Bar

23

Rice Krispie Treat

Beef Stroganoff  
Whole Grain Dinner Roll  
Garlic & Herb Broccoli  
OR  
Italian Meatball Sub  
Garlic & Herb Broccoli  
Fruit and Vegetable Bar

24

Fish Sandwich Basket  
Golden French Fries  
Pickle Slice  
OR  
Chicken Nugget Basket  
Whole Grain Dinner Roll  
Golden French Fries  
Fruit and Vegetable Bar

25

Beef Chili  
Cinnamon Roll  
Seasoned Ranch Wedges  
OR  
Corn Dog  
Seasoned Ranch Wedges  
Fruit and Vegetable Bar

28

WildCat Bowl  
Whole Grain Dinner Roll  
Corn  
OR  
BBQ Chicken Sandwich  
Corn  
Fruit and Vegetable Bar

29

Pasta with Meat Sauce  
Garlic Toast  
Caesar Salad  
OR  
Ham & Cheese on a Bagel  
Caesar Salad  
Fruit and Vegetable Bar

30

Walking Taco  
Lettuce, Tomato, Cheese  
Spicy Pinto Beans  
OR  
Cheese Quesadilla  
Spicy Pinto Beans  
Fruit and Vegetable Bar

31

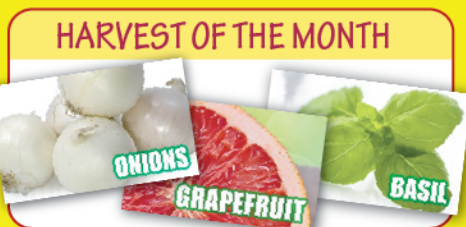
Brownie

Oven Roasted Chicken  
French Bread  
Baked Potato Halves  
OR  
Roasted Hot Dog on a Bun  
Baked Potato Halves  
Fruit and Vegetable Bar



**Prices**

K-6th	\$2.90
MS/HS	\$3.20
Reduced	\$0.40
Adult	\$3.85
Second Entrée	\$1.50



**EXTRA INFO**

Monday-Caesar Salad  
Tuesday-Sub Sandwich  
Wednesday-Turkey BLT Wrap  
Thursday-Garden Salad  
Friday-Yogurt Pax  
Stacie Dettwiler at 608-835-6120 x 3499

