



Don't forget to eat your vegetables.

Belleville School District

Intermediate

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

March

2018

MONDAY



Choose **MyPlate.gov**

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

5
Meatball Sub, Kettle Chips, Steamed Broccoli
OR
Sloppy Joe Sandwich, Kettle Chips, Garden Green Peas
Fruit and Vegetable Bar

6
School Breakfast Week
French Toast Sticks
Sausage Patty, Breakfast Potatoes
OR
BBQ Riblet Sandwich, Breakfast Potatoes
Fruit and Vegetable Bar

7
HOM Pineapple/Radish
Mexican Street Tacos w/ Pineapple Radish
Salsa, Black Beans
OR
Corn Dog, Cole Slaw, Black Beans
Fruit and Vegetable Bar

8
WildCat Bowl
Pasta w/ Meat Sauce, French Bread Slice, Garden Green Beans
OR
Pizza Dippers, Garden Green Beans
Fruit and Vegetable Bar

9
Dr. Seuss's Birthday
Green Eggs & Ham, Pancakes, Tri Tater
OR
Hot Ham & Cheese Bagel, Tri Tater
Fruit and Vegetable Bar
*****Rice Krispy Treat*****

12
Sweet & Sour Chicken Bites, Rice, Broccoli, Roll
OR
All American Cheeseburger, Broccoli
Fruit and Vegetable Bar

13
National Pasta Day
Homemade Lasagna w/ Cheese Bread, Caesar Salad
OR
Pizza Dippers, Marinara Sauce, Caesar Salad
Fruit and Vegetable Bar

14
Soft Shell Tacos w/ Lettuce, Cheese, Salsa, Spiced Pinto Beans
OR
Cheese Quesadilla, Lettuce, Salsa, Spiced Pinto Beans
Fruit and Vegetable Bar

15
Oven Roasted Chicken, French Bread Slice, Baked Potato Half w/ Butter
OR
Roasted Hot Dog, Baked Potato Half w/ Butter
Cookie
Fruit and Vegetable Bar

16
Personal 5 Inch Cheese Pizza, Green Peas
OR
Cowboy BBQ Burger, Green Peas
Fruit and Vegetable Bar

19
WildCat Bowl
Popcorn Chicken Bowl, Mashed Potato, Gravy, Roll, Corn
OR
Salisbury Steak, Corn, Roll, Mashed Potatoes
***Rice Krispie Treat**
Fruit and Vegetable Bar

20
Easy Egg Bake, Mint Fruit, Petite Cinnamon Roll
OR
Chicken Tenders, Mint Fruit, Petite Cinnamon Roll
Fruit and Vegetable Bar

21
HOM Dill
Pulled Pork Sliders, Dill Potato Wedges
OR
BBQ Riblet Sandwich, Dill Potato Wedges
Fruit and Vegetable Bar

22
Grilled Cheese Sandwich, Tomato Soup
OR
Crispy Chicken Sandwich, Tomato Soup
Fruit and Vegetable Bar

23
Chicken & Cheese Quesadilla, Black Beans, Carrots
OR
Golden Corn Dog, Kettle Chips, Carrots
Ice Cream Stick Treat
Fruit and Vegetable Bar

26
Spring Break

27
Spring Break

28
Spring Break

29
Spring Break

30
Spring Break

PRICES

K-6th	\$2.90
MS/HS	\$3.20
Reduced	\$0.40
Adult	\$3.85
Extra Entrée	\$1.50

HARVEST OF THE MONTH



EXTRA INFO

- Monday-Munchable
- Tuesday-Honey Ham Wrap
- Wednesday-Chicken Caesar Wrap
- Thursday-Chef Salad
- Friday-Yogurt Pack

