



Don't forget to eat your vegetables.

Belleville School District Elementary

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

October
2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Farm to School Month 2 Parmesan Chicken Bites, Buttered Noodle, Italian Vegetable Blend OR Turkey BLT Wrap Italian Vegetable Blend Fruit and Vegetable Bar	Pizza Parlor Pizza, Caesar Salad OR Pretzel Bites/Cheese, Caesar Salad Fruit and Vegetable Bar	Homemade Meatloaf, French Bread Slice, Mashed Potatoes & Gravy OR Golden Corn Dog Mashed Potatoes & Gravy Fruit and Vegetable Bar	Southwest Turkey Crunch, Spiced Pinto Beans OR Cheeseburger, Spiced Pinto Beans **Pumpkin Apple Muffin** Fruit and Vegetable Bar	Pulled Pork on Ciabatta, Tater Tots, Glazed Carrots OR Yogurt Pax, Tater Tots, Glazed Carrots Fruit and Vegetable Bar
WildCat Bowl 9 Popcorn Chicken, Mashed Potatoes, Gravy, Corn OR Salisbury Steak Sandwich, Mashed Potatoes, Gravy, Corn Fruit and Vegetable Bar	Pancakes, Fruit Topping Blenderless Smoothie & Cheese Stick, Breakfast Potatoes OR Deli Sub, Breakfast Potato Fruit and Vegetable Bar	Philly Flatbread, Calico Beans OR Oven Roasted Hot Dog, Calico Beans **Birthday Cake** Fruit and Vegetable Bar	Great Apple Crunch 12 Chicken Alfredo over Pasta, Garlic Toast, Garden Green Beans OR Classic Cheese Burger, Garden Green Beans ***Ten Eyck Apples*** Fruit and Vegetable Bar	French Bread Pizza, Roasted Cauliflower OR Honey Mustard Ham Wrap Roasted Cauliflower Fruit and Vegetable Bar
Sweet & Sour Chicken Bites Over Rice, Green Peas OR Pizza Dippers w/ Homemade Marinara, Green Peas Fruit and Vegetable Bar	HOM Apples/Cinnamon 17 Roasted Pork & Gravy, Roll, Cinn. Sweet Apples, Mashed Potatoes & Gravy OR Chicken Tenders, Cinn. Sweet Apples, Mashed Potatoes, Corn Bread, Roll Fruit and Vegetable Bar	Grilled Cheese Sandwich, Tomato Soup, Carrots OR Hot Ham and Cheese Tomato Soup, Carrots **Chocolate Chip Cookie** Fruit and Vegetable Bar	Soft Shell Tacos w/ the Works, Refried Beans OR Turkey BLT Wrap Refried Beans Fruit and Vegetable Bar	National Fruit Day 20 Top Your Mac & Cheese, Garlic & Herb Broccoli OR Yogurt Pax, Garlic & Herb Broccoli Fruit and Vegetable Bar
Pancakes, Fruit Topping, Tri-Tater Sausage Patty OR Sloppy Joe Sliders, Tri-Tater Fruit and Vegetable Bar	Chicken Fajitas, Firenze Corn Salad OR American Cheese Burger, Firenze Corn Salad Fruit and Vegetable Bar	**Home Made** 25 Pasta with Meatsauce & French Bread Slice, Garden Green Beans OR Deli Sandwich Garden Green Beans Fruit and Vegetable Bar	Fish Sandwich on Ciabatta Bread, Golden French Fries OR Chicken Tenders w/ Roll, Golden French Fries Fruit and Vegetable Bar	National Brownie Day 27 Pizza Parlor Pizza, Roasted Cauliflower OR Honey Mustard Ham Wrap Roasted Cauliflower ****Brownie**** Fruit and Vegetable Bar
No School	Halloween 31 Soft Shell Tacos w/ Lettuce, Cheese, Salsa, Spooky Pinto Beans OR Halloween Hot Dog, Spooky Pinto Beans Fruit and Vegetable Bar	Home Made Lasagna, Cheesy Garlic Toast, Caesar Salad OR Breaded Chicken Patty on a Bun, Caesar Salad Fruit and Vegetable Bar	 Choose MyPlate.gov	

PRICES

Regular	\$2.90
Reduced	\$0.40
MS/HS	\$3.20
Adult	\$3.85
Extra Entrée	\$1.50



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
 Skim is included with Lunch.
 For questions or comments, contact
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 608-424-1902 X3499

