



Don't forget to eat your vegetables.

Belleville School District

Intermediate

Milk choice of 1% White, Skim or Chocolate Skim is included with Lunch.

October

2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Farm to School Month 2

Parmesan Chicken Bites, Buttered Noodle, Italian Veggie Blend
OR
Golden Corn Dog, Buttered Noodles, Italian Veggie Blend
Fruit and Vegetable Bar

3

Pizza Parlor Pizza, Caesar Salad
OR
BBQ Rib Sandwich, Caesar Salad
Fruit and Vegetable Bar

4

Homemade Meatloaf, French Bread Slice, Mashed Potatoes & Gravy
OR
Chicken Sandwich, Potatoes & Gravy
Fruit and Vegetable Bar

5

Southwest Turkey Crunch, Spiced Pinto Beans
OR
Cheeseburger, Spiced Pinto Beans
Pumpkin Apple Muffin
Fruit and Vegetable Bar

6

Pulled Pork on Ciabatta, Tater Tots, Glazed Carrots
OR
Pizza Dippers, Tater Tots, Glazed Carrots
Fruit and Vegetable Bar

WildCat Bowl 9

Popcorn Chicken, Mashed Potatoes, Gravy, Corn
OR
Salisbury Steak Sandwich, Mashed Potatoes, Gravy, Corn
Fruit and Vegetable Bar

10

Pancakes, Fruit Topping
Blenderless Smoothie & Cheese Stick, Breakfast Potatoes
OR
Chicken Tenders, Roll, Breakfast Potato
Fruit and Vegetable Bar

11

Philly Flatbread, Calico Beans
OR
Oven Roasted Hot Dog, Calico Beans
Birthday Cake
Fruit and Vegetable Bar

Great Apple Crunch 12

Chicken Alfredo over Pasta, Garlic Toast, Garden Green Beans
OR
Classic Cheese Burger, Garden Green Beans
Ten Eyck Apples
Fruit and Vegetable Bar

13

French Bread Pizza, Roasted Cauliflower
OR
Chicken Nuggets, Roll Roasted Cauliflower
Fruit and Vegetable Bar

16

Sweet & Sour Chicken Bites Over Rice, Green Peas
Pizza Dippers, Homemade Marinara, Green Peas
Fruit and Vegetable Bar

HOM Apples/Cinnamon 17

Roasted Pork & Gravy, Roll, Cinn. Sweet Apples, Mashed Potatoes & Gravy
OR
Chicken Tenders, Cinn. Sweet Apples, Mashed Potatoes, Corn Bread, Roll
Fruit and Vegetable Bar

18

Grilled Cheese Sandwich, Tomato Soup, Carrots
OR
Hot Ham and Cheese Tomato Soup, Carrots
Chocolate Chip Cookie
Fruit and Vegetable Bar

19

Soft Shell Tacos w/ the Works, Refried Beans
OR
Chicken Bacon Ranch Melt, Refried Beans
Fruit and Vegetable Bar

National Fruit Day 20

Top Your Mac & Cheese, Garlic & Herb Broccoli
OR
Corn Dog, Buttered Noodles, Garlic & Herb Broccoli
Fruit and Vegetable Bar

23

Pancakes, Fruit Topping, Tri-Tater
Sausage Patty
OR
Sloppy Jo Sliders, Tri-Tater
Fruit and Vegetable Bar

24

Chicken Fajitas, Firenze Corn Salad
OR
American Cheese Burger, Firenze Corn Salad
Fruit and Vegetable Bar

25

HomeMade
Pasta with Meatsauce & French Bread Slice, Garden Green Beans
OR
BBQ Chicken Sandwich, Garden Green Beans
Fruit and Vegetable Bar

26

Fish Sandwich on Ciabatta Bread, Golden French Fries
OR
Chicken Nugget Basket w/ Roll, Golden French Fries
Fruit and Vegetable Bar

National Brownie Day 27

French Bread Pizza, Roasted Cauliflower
OR
Tuna Cheese Melt, Roasted Cauliflower
****Brownie****
Fruit and Vegetable Bar

30

No School

Halloween 31

Soft Shell Tacos w/ Lettuce, Cheese, Salsa, Spooky Pinto Beans
OR
Halloween Hot Dog, Spooky Pinto Beans
Fruit and Vegetable Bar

1

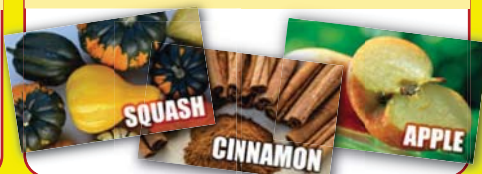
Home Made Lasagna, Cheesy Garlic Toast, Caesar Salad
OR
Breaded Chicken Patty on a Bun, Caesar Salad
Fruit and Vegetable Bar



PRICES

Regular	\$2.90
Reduced	\$0.40
MS/HS	\$3.20
Adult	\$3.85
Extra Entrée	\$1.50

HARVEST OF THE MONTH



EXTRA INFO

Monday-Yogurt Pax
Tuesday-Munchable
Wednesday-Turkey BLT Wrap
Thursday-Buffero Chicken Salad
Friday-Deli Sub Sandwich

