



Don't forget to eat your vegetables.

Belleville School District Elementary

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

January
2018

MONDAY

No School
Happy New Year

1

TUESDAY

2

WEDNESDAY

National Bean Day
Meat Sauce over Pasta,
Garlic Toast, Garden
Green Beans
OR
Oven Roasted Hot Dog,
Garden Green Beans

3

Fruit and Vegetable Bar

THURSDAY

Pulled Pork on WG Bun,
Creamy Coleslaw
OR
Deli Sandwich,
Creamy Coleslaw

4

Fruit and Vegetable Bar

FRIDAY

Cheese Parlor Pizza,
Mixed Veggies
OR
Yogurt Pack,
Mixed Veggies

5

Fruit and Vegetable Bar

WildCat Bowl

Popcorn Chicken Bites,
Mashed Potatoes &
Gravy, Corn, Roll
OR
Home-Style Salisbury
Steak, Mashed Potatoes,
Gravy, Corn, Roll
Fruit and Vegetable Bar

8

Pancakes W/ Fruit
Topping, Blenderless
Smoothie or Cheese Stick,
Breakfast Tater Casserole
OR
Chicken Caesar Wrap,
Breakfast Tater Casserole
Fruit and Vegetable Bar

9

Chicken and Cheese
Quesadilla, Spiced Pinto
Beans
OR
Golden Corn Dog,
Carrots

10

Fruit and Vegetable Bar

French Bread Pizza,
Roasted Cauliflower
OR
Turkey BLT Wrap,
Roasted Cauliflower

11

Fruit and Vegetable Bar

Chicken Tender Basket,
Roll, Kettle Chips, Pickle
OR
All American Burger
Basket, Kettle Chips,
Pickle

12

****Cookie****
Fruit and Vegetable Bar

No School
Martin Luther King Day

15

Martin Luther King
Soup Supper 5-7pm
@ HS

Roasted Turkey & Gravy,
Mashed potatoes,
Cornbread
OR
Pizza Dippers w Marinara
Sauce

16

****Birthday Cake****
Fruit and Vegetable Bar

HOM Arugula

Toasted Cheese, Tomato
Soup
OR
Ham Munchable, Tomato
Soup

17

Fruit and Vegetable Bar

Beefy Nachos with
Homemade Cheese Sauce
OR
Chicken Bacon Ranch
Melt

18

Refried Beans
Fruit and Vegetable Bar

National Popcorn Day

Cheese Bread W/
Marinara, Broccoli Salad
OR
Southwest Chicken Salad
Broccoli Salad

19

Fruit and Vegetable Bar

HOM Lemon

Moroccan Lemon Chicken
Legs, Garlic and Herb
Broccoli
OR
Pizza Dippers W/ Marinara
Garlic and Herb Broccoli
****Lemon Bar****
Fruit and Vegetable Bar

22

French Toast Sticks,
Cheese Stick, Breakfast
Potato
OR
Turkey BLT Wrap
Breakfast Potato

23

Fruit and Vegetable Bar

Popcorn Chicken Bites
Bowl, Mashed Potatoes &
Gravy, Corn, Roll
OR

24

Home-Style Salisbury
Steak, Mashed Potatoes,
Gravy, Corn, Roll
Fruit and Vegetable Bar

Pasta with Meat Sauce,
Garlic Bread, Garden
Green Beans
OR
Yogurt Pack, Fresh Fruit

25

Fruit and Vegetable Bar

Fish Sandwich Basket,
French Fries & Pickle Slice
OR
Chicken Nugget Basket
with a Pan Roll, French
Fries & Pickle Slice

26

Fruit and Vegetable Bar

HOM Ginger

Sweet and Sour Chicken
Bites W/ Rice, Roll, Green
Peas
OR
Chicken Caesar Wrap
Green Peas
Ginger Cookie
Fruit and Vegetable Bar

29

Homemade Lasagna,
Garlic Toast, Side Caesar
Salad
OR
Crispy Chicken Sandwich,
Side Caesar Salad

30

Fruit and Vegetable Bar

Walking Taco W/ Cheese
and Salsa, Spiced Pinto
Beans
OR
Munchable,
Kettle Chips

31

Fruit and Vegetable Bar



Choose **MyPlate.gov**



PRICES

Regular	\$2.90
MS/HS	\$3.20
Reduced	\$0.40
Adult	\$3.85
Extra Entrée	\$1.50

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
Stacie Dettwiler at 608-835-6120 x 3499
dettwils@belleville.k12.wi.us

