



Don't forget to eat your vegetables.

# Belleville School District

January

## Intermediate

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

2018

### MONDAY

No School  
Happy New Year

1

### TUESDAY

No School

2

### WEDNESDAY

**National Bean Day**  
Meat Sauce over Pasta,  
Garlic Toast, Garden  
Green Beans  
OR  
Oven Roasted Hot Dog,  
Garden Green Beans

3

### THURSDAY

Pulled Pork on WG Bun,  
Creamy Coleslaw  
OR  
Crispy Chicken Sandwich,  
Creamy Coleslaw

4

### FRIDAY

Homemade Parlor Pizza,  
Mixed Veggies  
OR  
Hot Ham & Cheese Bagel,  
Mixed Veggies

5

### WildCat Bowl

Popcorn Chicken Bites,  
Mashed Potatoes &  
Gravy, Corn, Roll  
OR  
Home-Style Salisbury  
Steak, Mashed Potatoes,  
Gravy, Corn, Roll  
Fruit and Vegetable Bar

8

Pancakes W/ Fruit  
Topping, Blenderless  
Smoothie or Cheese Stick,  
Breakfast Tater Casserole  
OR  
Chicken Nuggets, Roll,  
Breakfast Tater Casserole  
Fruit and Vegetable Bar

9

Chicken and Cheese  
Quesadilla, Spiced Pinto  
Beans  
OR  
Mini Corn Dogs,  
Carrots

10

French Bread Pizza,  
Roasted Cauliflower  
OR  
BBQ Riblet Sandwich,  
Roasted Cauliflower

11

Chicken Tender Basket,  
Roll, Kettle Chips, Pickle  
OR  
All American Burger  
Basket, Kettle Chips,  
Pickle  
\*\*\*\*Cookie\*\*\*\*  
Fruit and Vegetable Bar

12

No School  
Martin Luther King Day

15

Roasted Turkey & Gravy,  
Mashed potatoes,  
Cornbread  
OR  
Pizza Dippers w Marinara  
Sauce  
\*\*\*\*Birthday Cake\*\*\*\*  
Fruit and Vegetable Bar

16

**HOM Arugula**  
Toasted Cheese, Tomato  
Soup  
OR  
Sloppy Joe, Tomato  
Soup

17

Beefy Nachos with  
Homemade Cheese Sauce  
OR  
Chicken Bacon Ranch  
Melt

18

**National Popcorn Day**  
Cheese Bread W/  
Marinara, Broccoli Salad  
OR  
Crispy Chicken Sandwich,  
Broccoli Salad

19

**HOM Lemon**  
Moroccan Lemon Chicken  
Legs, Garlic and Herb  
Broccoli  
OR  
Pizza Dippers W/ Marinara  
Garlic and Herb Broccoli  
\*\*\*\*Lemon Bar\*\*\*\*  
Fruit and Vegetable Bar

22

French Toast Sticks,  
Cheese Stick, Breakfast  
Potato  
OR  
Hot Ham & Cheese  
Flatbread, Breakfast  
Potatoes  
Fruit and Vegetable Bar

23

Popcorn Chicken Bites  
Bowl, Mashed Potatoes &  
Gravy, Corn, Roll  
OR  
Home-Style Salisbury  
Steak, Mashed Potatoes,  
Gravy, Corn, Roll  
Fruit and Vegetable Bar

24

Pasta with Meat Sauce,  
Garlic Bread, Garden  
Green Beans  
OR  
Hot Turkey Sandwich,  
Garden Green Beans

25

Fish Sandwich Basket,  
French Fries & Pickle Slice  
OR  
Chicken Nugget Basket  
with a Pan Roll, French  
Fries & Pickle Slice  
Fruit and Vegetable Bar

26

**HOM Ginger**  
Sweet and Sour Chicken  
Bites W/ Rice, Roll, Green  
Peas  
OR  
American Cheeseburger,  
Green Peas  
\*\*\*Ginger Cookie\*\*\*  
Fruit and Vegetable Bar

29

Homemade Lasagna,  
Garlic Toast, Side Caesar  
Salad  
OR  
Crispy Chicken Sandwich,  
Side Caesar Salad  
Fruit and Vegetable Bar

30

Walking Taco W/ Cheese  
and Salsa, Spiced Pinto  
Beans  
OR  
Tex Mex Bowl,  
Spiced Pinto Beans  
Fruit and Vegetable Bar

31



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### PRICES

Regular	\$2.90
MS/HS	\$3.20
Reduced	\$0.40
Adult	\$3.85
Extra Entrée	\$1.50

### HARVEST OF THE MONTH



### EXTRA INFO

Monday-Honey Ham Wrap  
Tuesday-Crispy Chicken Salad  
Wednesday-Munchable  
Thursday-Turkey BLT Wrap  
Friday-Yogurt Pack

