



"Don't Forget to Eat Your Fruits and Veggies"

# Belleville School District

## MS and HS

Fresh Vegetable Choices and Seasonal Fruit are offered Daily.

April 2019

### 1 MONDAY

- Classic Cafe** Chicken Parmesan w/Pasta, Buttered Noodles, Green Beans, Whole Grain Dinner Roll
- Diner** Hamburger on a Bun, Golden French Fries, Green Beans
- Vegetarian Option** Pizza Dippers, HomeMade Marinara, Green Beans
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 2 TUESDAY

- Classic Cafe** Lasagna, Caesar Salad, Garlic Toast
- Creation Station** Taco Bar, Lettuce, Tomato, Cheese
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 3 WEDNESDAY

- Classic Cafe** Grilled Ham & Cheese Sandwich, Tomato Soup
- Pizza** Pepperoni, Sausage, Cheese, and Specialty Pizza, Corn
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 4 THURSDAY

- Classic Cafe** Creamy Chicken Enchilada Bake, Garlic Breadstick, Peas & Carrots
- Creation Station** Build Your Asian Bowl, Egg Roll
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 5 FRIDAY

- Classic Cafe** Philly Flatbread, Calico Bean Bake, Kettle Potato Chips
- Diner** Crispy Chicken Sandwich, Calico Bean Bake, Kettle Potato Chips
- Vegetarian Option** Italian Veggie Calzone, Homemade Marinara
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### EXTRA INFO

#### Harvest of the Month



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### 8 MONDAY

**Classic Cafe** WildCat Bowl, Mashed Potatoes, Corn, Whole Grain Dinner Roll

**Diner** BBQ Rib Sandwich, Golden French Fries

**Vegetarian Option** Garden Vegetable Salad, Bread Stick

**Side** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 9 TUESDAY

**Classic Cafe** Italian Stromboli, Garlic & Herb Broccoli

**Creation Station** Mac and Cheese Bar, Choose Your Sauces and Toppings, Garlic & Herb Broccoli

**Sides** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 10 WEDNESDAY

**Classic Cafe** Meatloaf, Cheesy Mashed Potatoes, Green Beans, French Bread

**Pizza** Pepperoni, Sausage, Cheese and Specialty Pizza, Green Beans

**Sides** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 11 THURSDAY

**Classic Cafe** Pork Carnita, Refried Beans, Churro

**Creation Station** Build Your Own Sub, Add Your Favorite Toppings

**Sides** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

### 12 FRIDAY

**Classic Cafe** Corned Beef & Swiss w a Pickle, Kettle Potato Chips, Roasted Veggies

**Diner & Vegetarian** Grilled Cheese Sandwich Day!, Tomato Soup, Roasted Veggies

**Sides** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

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MONDAY

**Classic Cafe** Chicken or Beef Chili, Frito Chips, Seasoned Ranch Wedges, Steamed Carrots

**Diner** Cheeseburger on Bun, Seasoned Ranch Wedges, Steamed Carrots

**Vegetarian Option** Macaroni & Cheese, Steamed Carrots

**Side** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

18

THURSDAY

**Classic Cafe** Roast Pork & Gravy, Garlic Mashed Potato, Green Peas

**Creation Station** "Let's Be Frank", Add all Your Favorite Fixings to a HotDog, Kettle Potato Chips, Pickle Slice

**Sides** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

16

TUESDAY

**Classic Cafe** BBQ Pulled Pork on Pretzel Bun, Tator Tots, Coleslaw

**Creation Station** Pasta Bar, Green Beans, Cheesy Garlic Toast

**Sides** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

19

FRIDAY

No School

17

WEDNESDAY

**Classic Cafe** Roasted Chicken, Baked Potato Halves, Whole Grain Dinner Roll, Green Peas

**Pizza** Pepperoni, Sausage, Cheese and Specialty Pizza, Green Peas

**Sides** Fruit and Vegetable Bar

**Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

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MONDAY

- Classic Cafe** Sweet & Sour Chicken over Rice, Green Peas
- Diner** Corn Dog, Golden French Fries, Green Peas
- Vegetarian Option** Pizza Dippers, Homemade Marinara
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

25

THURSDAY

- Classic Cafe** Pizza Bake, Cheesy Garlic Toast, Green Beans, Sugar Cookie
- Creation Station** Burrito Bar, Cilantro Lime Rice, Sugar Cookie
- Side** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

23

TUESDAY

- Classic Cafe** Roast Turkey & Gravy, Mashed Potatoes, Green Beans, French Bread
- Creation Station** Build a Burger, Golden French Fries, Green Beans
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

26

FRIDAY

- Classic Cafe** Buffalo Chicken Wrap, Golden French Fries, Roasted Veggies
- Diner** Sloppy Joe on a Bun, Golden French Fries, Roasted Veggies
- Side** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

24

WEDNESDAY

- Classic Cafe** Pigs in a Blanket, Baked Beans, Golden French Fries
- Pizza** Pepperoni, Sausage, Cheese and Specialty Pizza
- Sides** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

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MONDAY

- Classic Cafe** Popcorn Chicken Bowl, Mashed Potatoes, Corn, Whole Grain Dinner Roll
- Diner** Corn Dog, Mashed Potatoes, Corn
- Vegetarian Option** Garden Pasta Alfredo, Garlic Breadstick
- Side** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

2

THURSDAY

- Classic Cafe** Southwestern Burger, Waffle Fries, Peas & Carrots
- Creation Station** Wing Bar, Variety of Sauces, Waffle Fries, Peas & Carrots
- Side** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

30

TUESDAY

- Classic Cafe** Chicken Alfredo w/Pasta, Steamed Carrots, Garlic Breadstick
- Creation Station** Build Your Salad from a variety of Fixings, French Bread
- Side** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

3

FRIDAY

- Classic Cafe** Ham & Tator Tot Breakfast Bake, Cinnamon Roll, Roasted Veggies
- Diner** Crispy Chicken Sub, Roasted Veggies, Tator Tots
- Side** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

1

WEDNESDAY

- Classic Cafe** Carnita Nachos, Refried Beans, M&M Cookie
- Pizza** Pepperoni, Sausage, Cheese and Specialty Pizza, M&M Cookie
- Side** Fruit and Vegetable Bar
- Grab and Go** Entree Salad & Dinner Rolls, Fresh Made Sandwiches are Located in the Reach in Cooler

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