



Don't forget to eat your vegetables!

# Monticello Elementary Lunch Menu

Fresh Fruit & Vegetables Offered Daily

October 2018

## MONDAY

Child Health Day

1

Zucchini Spaghetti  
Garlic Breadstick  
Sweet Potato Fries

Hamburger on a Bun  
Sweet Potato Fries

Ham Deli Sub Sandwich  
Sweet Potato Fries

## TUESDAY

Bully Prevention Month

2

Beefy Nachos with Cheese  
Green Beans

Crispy Chicken Sandwich  
Green Beans

Chef Salad  
Green Beans

## WEDNESDAY

National Pizza Month

3

Pizza Slice  
Garlic Breadstick  
Roasted Broccoli

Pretzel Bites with Cheese  
Roasted Broccoli

Honey Mustard Ham Wrap  
Roasted Broccoli

## THURSDAY

National Taco Day

4

Soft Beef Tacos  
Lettuce, Tomato, Cheese  
Mexican Brown Rice

Hot Ham & Cheese Sandwich  
Mexican Brown Rice

Garden Salad  
Mexican Brown Rice

## FRIDAY

Picnic Lunch Outside

5

Hot Dog OR Sub Sandwich  
Chips  
Baby Carrots  
Chocolate Chip Cookie

8

Pancakes  
Blueberry Topping  
Bacon  
Hashbrown Potatoes

Crispy Chicken Tenders  
Hashbrown Potatoes  
Whole Grain Dinner Roll

Turkey Deli Sandwich

HOM: Pear

9

Roast Pork & Gravy  
Mashed Potatoes  
Cornbread

Mini Corn Dogs  
Mashed Potatoes

Turkey BLT Salad  
Mashed Potatoes  
Cornbread

10

Pizza Slice  
Golden French Fries

Fish Sandwich with Cheese  
Golden French Fries

Turkey Ranch Wrap  
Golden French Fries

11

BBQ Chicken Sandwich  
Coleslaw  
Baked Beans

Roasted Hot Dog on a Bun  
Coleslaw  
Baked Beans

Ham Deli Sub Sandwich  
Coleslaw

12

Rice Krispy Treat Day  
Sweet & Sour Chicken  
Fried Rice  
Green Peas

Cheeseburger on Bun  
Green Peas

Yogurt Pak with Bagel  
Green Peas

15

School Lunch Week

Chicken Bacon Ranch Melt  
Golden French Fries  
Glazed Carrots

Maxx Sticks  
Golden French Fries  
Glazed Carrots

Chef Salad  
Golden French Fries

16

Homemade Salisbury Steak  
Mashed Potatoes  
Corn

Corn Dog  
Mashed Potatoes  
Corn

Turkey Ranch Wrap  
Mashed Potatoes

17

Pizza Slice  
Garlic Breadstick  
Garlic & Herb Broccoli

Cheeseburger on Bun  
Garlic & Herb Broccoli

Ham Deli Sandwich  
Garlic & Herb Broccoli

18

Grilled Cheese Sandwich  
Homemade Tomato Soup  
Roasted Cauliflower

BBQ Rib Sandwich  
Homemade Tomato Soup  
Roasted Cauliflower

Garden Salad  
Homemade Tomato Soup

19

Birthday Cake Day

Lasagna  
Garlic Toast  
Green Beans

Crispy Chicken Sandwich  
Green Beans

Yogurt Pak with Bagel  
Green Beans

22

Waffles with Sausage Links  
Hashbrown Potatoes

Fish Sticks  
Hashbrown Potatoes

Turkey BLT Wrap  
Hashbrown Potatoes

23

Chicken Fajitas  
Mexican Brown Rice  
Corn

Maxx Sticks  
Corn

Tuna Sliders  
Corn

24

Pizza Slice  
Golden French Fries

Crispy Chicken Nuggets  
Golden French Fries

Chef Salad  
Golden French Fries

25

Cookie Treat Day

Beef Chili  
French Bread  
Green Peas

Pretzel Bites with Cheese  
Green Peas

Ham Deli Sandwich  
Green Peas

26

NO School

No School

29

Oven Roasted Chicken  
Roasted Red Potatoes  
Glazed Carrots

Mini Corn Dogs  
Roasted Red Potatoes  
Glazed Carrots

BLT Sandwich  
Roasted Red Potatoes

30

Beef & Broccoli Stir Fry  
over Noodles

Chicken Parmesan w/Pasta  
Steamed Broccoli

Yogurt Pak with Bagel  
Steamed Broccoli

31

Happy Halloween

Monster Meatloaf  
with Ghost Vomit (mashed  
potatoes)  
and Zombie Toes (cooked  
carrots)

Jack O' Lantern Pizza  
with Zombie Toes

Halloween Cut Out Cookies



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## Prices

Regular	\$2.55
Reduced	\$0.40
Adult	\$3.90
Milk Only	\$0.45

## HARVEST OF THE MONTH



## EXTRA INFO

Milk choice of Skim, 1% or Chocolate is included with all meals. For questions please contact Rebecca Derke at 608-938-2738 or email [derkere@monticello.k12.wi.us](mailto:derkere@monticello.k12.wi.us)

