



Don't forget to eat your vegetables.

Catalyst Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

April 2017

MONDAY



TUESDAY



WEDNESDAY

Spaghetti & Meatballs in Sauce with Garlic Bread OR Hot Ham & Cheese Bagel Sandwich

THURSDAY

Philly Flatbread Basket w/Tator Tots and Pickles OR Chicken Nuggets Basket w/Tator Tots and Pickles

FRIDAY

Tony's Cheese Pizza OR Sloppy Joe

National Garden Month 3
French Toast Sticks with Ham Slice OR Hot Turkey Sandwich

Tator Tots

3
Crispy Chicken Wrap OR Chicken & Cheese Flatbread

Savory Baked Beans

5
Chicken Nuggets OR BBG Riblet

Fries

6
Beefy Nachos with Cheese Sauce OR Southern Chicken Biscuit Sandwich (Chicken Patty on a Biscuit with Syrup on the side)

7
Pizza Dippers with Marinara Sauce OR Crispy Fish Sandwich

Chips

10
Home-style Meatballs & Gravy over Rice with Roll OR Chicken Nuggets with Rice with Roll

11
HOM ~ Cara Cara
Chicken & Cheese Quesadilla OR Roasted Hot Dog

Pintos and Cheese
Fresh Cara Cara
Samples

12
Cheese Sandwich Day
Toasted Cheese Sandwich

OR
Breaded Chicken Sandwich

Tator Tots
Chocolate Chip Cookie

13

No School

14

No School

17

No School

18
Cheeseburger OR Pancakes with Syrup with Ham Slice

Both with Tator Tots

19
Crispy Chicken Nuggets and French Bread Slice OR Ham & Cheese Flatbread

Seasoned Potato Wedges
Rice Krispie Treat

20
Italian Meatball Sub OR Pizza Dippers with Marinara Sauce

Tortilla Chips with Salsa

Refried Beans

21
HOM ~ Fenugreek
Spaghetti & Meatballs in Sauce with Garlic Bread OR Golden Corn Dog

24
Teriyaki Chicken over Rice with Broccoli OR Cheeseburger

25
Meatballs and Gravy with French Bread Slice OR Roasted Hot Dog

Mashed Potatoes & Gravy

26
National Pretzel Day
BBQ Pulled Pork on a Pretzel Bun with Potato Chips OR Crispy Chicken Wrap with Potato Chips

27
HOM ~ Rhubarb
Ham & Cheese Sandwich OR Breaded Chicken Sandwich

Potatoes

Rhubarb Muffin Square

28
Oatmeal Cookie Day
Tonys Cheese Pizza

OR
Chicken and Cheese Flatbread

Oatmeal Cookie

PRICES

Regular	\$2.40
Secondary	\$2.80
Reduced	\$0.40
Adult	\$3.30
Extra Milk	\$0.30

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. For questions or comments contact the Food Service Director at: sbressle@newlondon.k12.wi.us or call 982-8434
For Lunch Account Info~Connie @ 982.3430

