



Don't forget to eat your vegetables.

HS-MS

Fruit & Vegetable Bar

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

April

2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cucumber Slices
Romaine Lettuce
Jicama

Seasonal Fruit

Tomatoes
Baby Carrots
Celery

Seasonal Fruit

Cucumber Slices
Baby Carrots
Celery

Seasonal Fruit

National Garden Month 3
Cucumbers
Tomatoes
Celery Sticks

Seasonal Fruit

Baby Carrots
Celery

Creamy Coleslaw

Seasonal Fruit

Jicama
Romaine Lettuce
Cucumber Slices

Seasonal Fruit

Baby Carrots
Black Beans
Tomatoes

Seasonal Fruit

Baby Carrots
Cauliflower
Romaine Lettuce

Seasonal Fruit

Tomatoes
Romaine Lettuce
Cucumber Slices

Seasonal Fruit

HOM~Cara Cara 11
Baby Carrots
Vegetable Options

Seasonal Fruit

Cheese Sandwich Day 12
Vegetable Options

Seasonal Fruit

No School

No School

No School

Romaine Lettuce
Celery Sticks
Cucumbers

Seasonal Fruit

Romaine Lettuce
Tomatoes
Beans

Seasonal Fruit

Green Peppers
Baby Carrots
Broccoli Florets

Seasonal Fruit

HOM ~ Fenugreek 21
Baby Carrots
Celery Sticks
Cauliflower

Seasonal Fruit

Celery Sticks
Romaine Lettuce
Baby Carrots

Seasonal Fruit

Cucumbers
Tomatoes
Radishes

Seasonal Fruit

National Pretzel Day 26
Tomatoes
Celery Sticks

Lemon Garbanzo Bean Salad

Seasonal Fruit

HOM ~ Rhubarb 27
Jicama
Baby Carrots
Peppers

Seasonal Fruit

Oatmeal Cookie Day 28
Baby Carrots
Cucumbers

Kale Salad

Seasonal Fruit

PRICES

HARVEST OF THE MONTH

EXTRA INFO

