



Don't forget to eat your vegetables.

# Catalyst Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

September

2017

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



4  
No School  
Labor Day

5  
Roasted Hot Dog  
\*\*\*Rice Krispie Treat  
OR  
Cheeseburger  
\*\*\*Rice Krispie Treat  
  
Golden French Fries

6  
BBQ Chicken  
Sandwich  
OR  
Golden Corn Dog  
  
Savory Baked Beans

7  
Beefy Nachos with  
Cheese Sauce  
OR  
Chicken Bacon Ranch  
Melt  
  
Roasted Corn

8  
Tony's Cheese Pizza  
OR  
Breaded Chicken  
Sandwich  
  
Garden Green Beans

11  
Chicken Nuggets  
with a Soft Pan Roll  
OR  
Cheeseburger  
  
Golden French Fries

12  
French Toast Sticks with  
Ham Slice  
OR  
BBQ Rib Sandwich  
  
Tator Tots

13  
Spaghetti with Meat  
Sauce, Garlic Toast  
OR  
Hot Ham and Cheese  
Flatbread  
  
Garden Green Beans

14  
**HOM Corn and Cilantro**  
Chicken & Cheese  
Quesadilla with Salsa  
OR  
Yogurt Pack  
  
Mexican Street Corn

15  
Tony's Cheese Pizza  
OR  
Breaded Chicken  
Sandwich  
  
Garlic and Herb Broccoli

18  
Crispy Chicken Bites with  
Dipping Sauce  
and a Soft Pan Roll  
OR  
Toasted Ham & Cheese  
  
Sweet Green Peas

19  
Sloppy Joe  
OR  
Breaded Chicken  
Sandwich  
  
Tator Tots

20  
Soft Shell Chicken Tacos  
with Lettuce, Cheese &  
Salsa  
OR  
Roasted Hot Dog  
  
Refried Beans

21  
\*\*\*Cookie\*\*\*  
Pepperoni Pizza  
OR  
Italian Meatball Sub  
  
Steamed Corn

22  
No School

25  
Breaded Fish Nuggets  
with a Soft Pan Roll  
OR  
Toasted Cheese Sandwich  
  
Tator Tots

26  
Cheeseburger  
OR  
Chicken & Cheese  
Flatbread with Salsa  
  
Kettle Chips

27  
**HOM Cantaloupe**  
Chicken Nuggets  
with a Soft Pan Roll  
OR  
Corn Dog  
  
Seasoned Potato Wedges

28  
Walking Taco with  
Lettuce and Tomato  
OR  
Yogurt Pak  
  
Refried Beans

29  
Pizza Dippers with  
Marinara Sauce  
OR  
BBQ Meatball Sub  
  
Garden Green Beans

### PRICES

Regular	\$2.40
Secondary	\$2.80
Reduced	\$0.40
Adult	\$3.30
Extra Milk	\$0.30

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. For questions or comments contact the Food Service Director at: sbressle@newlondon.k12.wi.us or call 982-8434  
For Lunch Account Info~Connie @ 982.3430

