



Don't forget to eat your vegetables.

# Elementary Fruit and Vegetable Bar

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

September

2017

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



4  
No School  
Labor Day

5  
Celery Sticks  
Tomatoes  
Romaine Lettuce  
Fruit

6  
Baked Beans  
Cucumber Slices  
Cauliflower  
Fruit

7  
Roasted Corn  
Celery Sticks  
Baby Carrots  
Fruit

8  
Garden Green Beans  
Baby Carrots  
Cucumber Slices  
Fruit

11  
French Fries  
Tomatoes  
Celery Sticks  
Fruit

12  
Tator Tots  
Baby Carrots  
Broccoli Florets  
Fruit

13  
Garden Green Beans  
Baby Spinach  
Cucumbers  
Fruit

14  
Mexican Street Corn  
Black Beans  
Tomatoes  
Fruit

15  
Garlic and Herb Broccoli  
Cauliflower  
Baby Carrots  
Fruit

18  
Sweet Green Peas  
Baby Spinach  
Cucumber Slices  
Fruit

19  
Steamed Broccoli  
Red Peppers  
Celery Sticks  
Fruit

20  
Refried Beans  
Broccoli Florets  
Baby Carrots  
Fruit

21  
Steamed Corn  
Baby Carrots  
Pepper Medley  
Fruit

22  
No School

25  
Tator Tots  
Radishes  
Cauliflower  
Fruit

26  
Baby Carrots  
Green Peppers  
Celery Sticks  
Fruit

27  
Seasoned Potato Wedges  
Baby Spinach or Romaine  
Lettuce & Cauliflower  
Fruit

28  
Refried Beans  
Baby Carrots  
Broccoli  
Fruit

29  
Garden Green Beans  
Romaine Lettuce  
Tomatoes  
Fruit

### PRICES

\$0.00  
\$0.00  
\$0.00  
\$0.00  
\$0.00

### HARVEST OF THE MONTH



### EXTRA INFO

