



Don't forget to eat your vegetables.

High School Fruit and Vegetable Bar

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

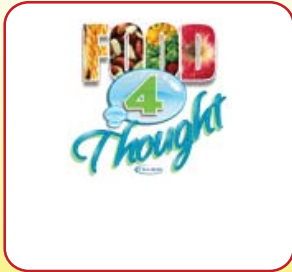
September

2017

MONDAY

Choose **MyPlate.gov**

TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

1

Celery
Baby Carrots
Cucumber Slices

Fruit

4

No School
Labor Day

5

Celery Sticks
Tomatoes
Romaine Lettuce

Fruit

6

Beans
Cucumber Slices
Cauliflower

Fruit

7

Green Peas
Celery Sticks
Baby Carrots

Fruit

8

Baby Carrots
Celery Sticks
Romaine Lettuce

Fruit

11

Peppers
Tomatoes
Celery Sticks

Fruit

12

Green Peas
Baby Carrots
Broccoli Florets

Fruit

13

Tomatoes
Baby Spinach
Cucumbers

Fruit

14

Baby Carrots
Black Beans
Tomatoes

Fruit

15

Celery Sticks
Cauliflower
Baby Carrots

Fruit

18

Tomatoes
Baby Spinach
Cucumber Slices

Fruit

19

Beans
Red Peppers
Celery Sticks

Fruit

20

Tomatoes
Broccoli Florets
Baby Carrots

Fruit

21

Green Peas
Baby Carrots
Pepper Medley

Fruit

22

No School

25

Baby Carrots
Radishes
Cauliflower

Fruit

26

Baby Carrots
Green Peppers
Celery Sticks

Fruit

27

Green Peas
Baby Spinach
Cauliflower

Fruit

28

Green Peas
Baby Carrots
Broccoli

Fruit

29

Beans
Romaine Lettuce
Tomatoes

Fruit

PRICES

- \$0.00
- \$0.00
- \$0.00
- \$0.00
- \$0.00

HARVEST OF THE MONTH



EXTRA INFO

