



Let a Rainbow of Fruits and vegetables!

# Glen Hills School Lunch Menu

Fresh vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

## May 2019

### MONDAY

### TUESDAY

### WEDNESDAY 1

- Classic Cafe** Cheesy Italian Flatbread, Mixed Vegetables, Frito Corn Chips
- Pizza parlor** Offered on Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Crispy Chicken Salad, Hummus and Vegetable Bowl

### THURSDAY 2

### FRIDAY 3

### EXTRA INFO

- Classic Cafe** Pancakes, Syrup, Egg Patty, Glazed Carrots
- Pizza Parlor** Cheese, Pepperoni or BBQ Chicken
- Diner Station** Offered on Monday, Wednesday and Friday
- Grab and Go** Chicken Caesar Salad, Buffalo Chicken Wrap

- Classic Cafe** Sloppy Joe Sliders, Seasoned Ranch Wedges, Mini Rice Krispie Treat
- Pizza parlor** Offered on Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Yogurt Pak with Bagel, Turkey Deli Sandwich

### Harvest of the Month



All meals include choice of 1% White, Skim or Chocolate Skim Milk. Pizza Parlor and Diner Station include choice of side salad or potato option. Classic and Fresh Choices = \$2.60, Pizza and Diner = \$3.60

[www.taherfood4life.org/schools/northshore](http://www.taherfood4life.org/schools/northshore)

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## 6 MONDAY

- Classic Cafe** Chicken Bacon Ranch Melt, Roasted Broccoli
- Pizza parlor** Offered on Tuesday and Thursday
- Diner station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Crispy Chicken Salad, Hummus and Vegetable Bowl

## 7 TUESDAY

- Classic Cafe** BBQ Meatball Sub, Green Beans, Kettle Potato Chips
- Pizza Parlor** Cheese, Pepperoni or Sausage and Pepperoni
- Diner Station** Offered on Monday, Wednesday and Friday
- Grab and Go** Beef Taco Salad, Crispy Chicken Wrap

## 8 WEDNESDAY

- Classic Cafe** Beefy Nachos with Cheese Sauce, Refried Beans, Coleslaw
- Pizza Parlor** Offered Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Buffalo Chicken Salad, Pretzel Bites w/Cheese Cubes

## 9 THURSDAY

- Classic Cafe** Macaroni & Cheese, Tator Tots
- Pizza Parlor** Cheese, Pepperoni or Chicken Alfredo
- Diner Station** Offered on Monday, Wednesday and Friday
- Grab and Go** Chicken Caesar Salad, Buffalo Chicken Wrap

## 10 FRIDAY

- Classic Cafe** Grilled Cheese Sandwich, Tomato Soup, Goldfish Crackers
- Pizza Parlor** Offered Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Yogurt Pak with Bagel, Turkey Deli Sandwich

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13

MONDAY

- Classic Cafe** Soft Beef Tacos, Lettuce, Tomato, Cheese, Black Beans, Churro
- Pizza Parlor** Offered Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Crispy Chicken Salad, Hummus and Vegetable Bowl

16

THURSDAY

- Classic Cafe** BBQ Riblet on a Bun, Corn, Chocolate Chip Cookie
- Pizza Parlor** Cheese, Pepperoni or Cook's Choice
- Diner Station** Offered on Monday, Wednesday and Friday
- Grab and Go** Chicken Caesar Salad, Buffalo Chicken Fajita Wrap

14

TUESDAY

- Classic Cafe** Pasta with Meat Sauce, Green Peas
- Grab and Go** Whole Grain Dinner Roll, Beef Taco Salad, Crispy Chicken Wrap
- Pizza Parlor** Cheese, Sausage or Vegetable
- Diner Station** Offered on Monday, Wednesday and Friday

17

FRIDAY

- Classic Cafe** Waffles, Hard Boiled Egg, Potato Wedges
- Pizza Parlor** Offered on Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Yogurt Pak with Bagel, Turkey Deli Sandwich

15

WEDNESDAY

- Classic Cafe** Beefsteak in Gravy, Brown Rice, Whole Grain Dinner Roll, Roasted Asparagus
- Pizza Parlor** Offered Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Buffalo Chicken Salad, Pretzel Bites w/Cheese Cubes

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20

MONDAY

- Classic Cafe** Chicken & Gravy, Mashed Potatoes, Whole Grain Dinner Roll
- Pizza Parlor** Offered Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Crispy Chicken Salad, Hummus and Vegetable Bowl

23

THURSDAY

- Classic Cafe** Baked Potato with Toppings, California Blend Vegetable, Whole Grain Dinner Roll, Homemade Brown
- Pizza Parlor** Cheese, Pepperoni or BBQ Chicken
- Diner Station** Offered on Monday, Wednesday and Friday
- Grab and Go** Chicken Caesar Salad, Buffalo Chicken Wrap

21

TUESDAY

- Classic Cafe** Lasagna Rollup with Sauce, Garlic Toast, Caesar Salad
- Pizza Parlor** Cheese, Pepperoni or Sausage
- Diner Station** Offered on Monday, Wednesday and Friday
- Grab and Go** Chicken Taco Salad, Crispy Chicken Wrap

24

FRIDAY

- Classic Cafe** No School

22

WEDNESDAY

- Classic Cafe** Fish Sandwich with Cheese, Baked Beans, Kettle Potato Chips
- Pizza Parlor** Offered on Tuesday and Thursday
- Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Grab and Go** Buffalo Chicken Salad, Pretzel Bites w/Cheese Cubes

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27

MONDAY

**Classic Cafe** Memorial Day

30

THURSDAY

**Classic Cafe** Pancakes with Syrup, Egg or Sausage Patty, Tri Tator

**Pizza Parlor** Cheese, Pepperoni or Chicken Alfredo

**Diner Station** Offered on Monday, Wednesday or Friday

**Grab and Go** Chicken Caesar Salad, Buffalo Chicken Wrap

28

TUESDAY

**Classic Cafe** Soft Shell Chicken Tacos, Lettuce, Tomato, Cheese, Corn, Tortilla Chips, Salsa

**Pizza Parlor** Cheese, pepperoni or Taco

**Diner Station** Offered on Monday, Wednesday and Friday

**Grab and Go** Yogurt Pak with Bagel, Crispy Chicken Wrap

31

FRIDAY

**Classic Cafe** BBQ Pulled Pork Sliders, Coleslaw

**Pizza Parlor** Offered on Tuesday and Thursday

**Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"

**Grab and Go** Yogurt Pak with Bagel, Turkey Deli Sandwich

29

WEDNESDAY

**Classic Cafe** Ham, Egg & Cheese on English Muffin, Golden French Fries, Oreo Cookies

**Pizza Parlor** Offered on Tuesday and Thursday

**Diner Station** Variety of Hamburgers, Chicken and Other "Hot Fare"

**Grab and Go** Buffalo Chicken Salad, Pretzel Bites w/Cheese Cubes

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