



Don't forget to eat your vegetables.

PELC Breakfast in the Classroom Menu

October
2017

MONDAY

2
Cinnamon Toast Crunch w/ Graham Crackers
OR
Chocolate Chip Banana Bread, Graham Crackers
Vegetable Selection
Canned Fruit
Milk

TUESDAY

3
Cinnamon Toast Crunch w/ Graham Crackers
OR
Bagel w/Cream Cheese

Vegetable Selection
Fruit Juice
Milk

WEDNESDAY

4
Cinnamon Toast Crunch w/ Graham Crackers
OR
Cinni-Minnis

Vegetable Selection
Fresh Fruit
Milk

THURSDAY

5
Cinnamon Toast Crunch w/ Graham Crackers
OR
Eggo Mini French Toast

Vegetable Selection
Fruit Juice
Milk

FRIDAY

6
Cinnamon Toast Crunch w/ Graham Crackers
OR
Double Chocolate Muffin w/ Cheese Stick
Vegetable Selection
Fresh Fruit
Milk

9
Chocolate Frosted Flakes w/ Graham Crackers
OR
Pillsbury Mini Strawberry Bagel
Vegetable Selection
Canned Fruit
Milk

10
Chocolate Frosted Flakes w/ Graham Crackers
OR
Eggo Mini Pancakes

Vegetable Selection
Fruit Juice
Milk

11
Chocolate Frosted Flakes w/ Graham Crackers
OR
Iced Cinnamon Roll

Vegetable Selection
Fresh Fruit
Milk

12
Chocolate Frosted Flakes w/ Graham Crackers
OR
WG Mini Donuts w/ Strawberry Banana Yogurt
Vegetable Selection
Fruit Juice
Milk

13
Chocolate Frosted Flakes w/ Graham Crackers
OR
Pillsbury Mini Cinnamon Bagel
Vegetable Selection
Fresh Fruit
Milk

16
Lucky Charms w/ Graham Crackers
OR
Chocolate Chip Banana Bread, Graham Crackers
Vegetable Selection
Canned Fruit
Milk

17
Lucky Charms w/ Graham Crackers
OR
Bagel w/Cream Cheese

Vegetable Selection
Fruit Juice
Milk

18
Lucky Charms w/ Graham Crackers
OR
Cinni-Minnis

Vegetable Selection
Fresh Fruit
Milk

19
Lucky Charms w/ Graham Crackers
OR
Eggo Mini French Toast

Vegetable Selection
Fruit Juice
Milk

20
Lucky Charms w/ Graham Crackers
OR
Double Chocolate Muffin w/ Cheese Stick
Vegetable Selection
Fresh Fruit
Milk

23
Trix w/ Graham Crackers
OR
Pillsbury Mini Strawberry Bagel
Vegetable Selection
Canned Fruit
Milk

24
Trix w/ Graham Crackers
OR
Eggo Mini Pancakes

Vegetable Selection
Fruit Juice
Milk

25
Trix w/ Graham Crackers
OR
Iced Cinnamon Roll

Vegetable Selection
Fresh Fruit
Milk

26
Trix w/ Graham Crackers
OR
WG Mini Donuts w/ Strawberry Banana Yogurt
Vegetable Selection
Fruit Juice
Milk

27
Trix w/ Graham Crackers
OR
Pillsbury Mini Cinnamon Bagel
Vegetable Selection
Fresh Fruit
Milk

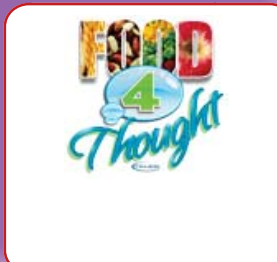
30
Frosted Flakes w/ Graham Crackers
OR
Chocolate Chip Banana Bread, Graham Crackers
Vegetable Selection
Canned Fruit
Milk

31
Frosted Flakes w/ Graham Crackers
OR
Bagel w/Cream Cheese

Vegetable Selection
Fruit Juice
Milk

1
Frosted Flakes w/ Graham Crackers
OR
Cinni-Minnis

Vegetable Selection
Fresh Fruit
Milk



PRICES

Regular	\$1.25
Reduced	\$.30
Adult	\$1.75

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
For questions or comments, contact the Foodservice Director @ collinsj@peshtigo.k12.wi.us

