



Don't forget to eat your vegetables.

# Peshtigo Middle/High School Breakfast Menu

October  
2017

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Mini Pancakes 2

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Canned Fruit  
Milk

Apple Bosco Stick 3

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Breakfast Pizza 4

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fresh Fruit  
Milk

Cinnamon Roll 5

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Breakfast Burrito 6

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fresh Fruit  
Milk

Long John 9

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Canned Fruit  
Milk

Bagel with Cream Cheese 10

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Banana Breakfast Loaf,  
Graham Crackers  
OR Choice of Cereal  
Graham Cracker 11

Vegetable Selection  
Fresh Fruit  
Milk

Cinni-Minnis 12

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Whole Grain Muffin w/  
Cheese Stick  
OR Choice of Cereal  
Graham Cracker 13

Vegetable Selection  
Fresh Fruit  
Milk

Mini Pancakes 16

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Canned Fruit  
Milk

Apple Bosco Stick 17

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Breakfast Pizza 18

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fresh Fruit  
Milk

Cinnamon Roll 19

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Breakfast Burrito 20

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fresh Fruit  
Milk

Long John 23

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Canned Fruit  
Milk

Bagel with Cream Cheese 24

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Banana Breakfast Loaf,  
Graham Crackers  
OR Choice of Cereal  
Graham Cracker 25

Vegetable Selection  
Fresh Fruit  
Milk

Cinni-Minnis 26

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Whole Grain Muffin w/  
Cheese Stick  
OR Choice of Cereal  
Graham Cracker 27

Vegetable Selection  
Fresh Fruit  
Milk

Mini Pancakes 30

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Canned Fruit  
Milk

Apple Bosco Stick 31

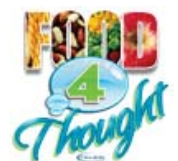
OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fruit Juice  
Milk

Breakfast Pizza Nov 1

OR Choice of Cereal  
Graham Cracker

Vegetable Selection  
Fresh Fruit  
Milk



## PRICES

MS/HS	\$1.40
Reduced	\$.30
Adult	\$1.75
Elementary	\$1.25

## HARVEST OF THE MONTH



## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
For questions or comments,  
contact the Foodservice Director at:  
collinsj@peshtigo.k12.wi.us

