



Don't forget to eat your vegetables.

# Pewaukee Lake and Horizon

## Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

May

2017

### MONDAY

#### Children's Book Week

Pancakes with Egg Patty  
OR Biscuit & Gravy with Egg Patty  
OR Deli Ham Sandwich  
Breakfast Potato

### TUESDAY

Chicken Nuggets with Mashed Potatoes  
OR BBQ Pork Sandwich Mashed Potatoes  
OR Deli Cheese Sandwich

Cinnamon Sweet Apples

### WEDNESDAY

Cheese Pizza Sticks Marinara Sauce  
OR Roasted Chicken Pieces  
OR Deli Ham Sandwich

Roasted Cauliflower

### THURSDAY

Breaded Chicken Sandwich  
OR Hamburger on a bun  
OR Tortilla Pak

Calico Beans  
\*\*Cookie\*\*

### FRIDAY

**Cinco de Mayo**  
Classic Cheeseburger  
OR Sloppy Joe on a bun  
OR Pretzel Bites

Sweet Potato Fries

Golden Corn Dog  
OR BBQ Meatball Sub  
OR Yogurt Pak

Savory Baked Beans

#### Teacher Appreciation

Spaghetti and Meatballs with garlic breadstick  
OR Hot Ham Bagel Sandwich  
OR Pretzel Bites  
Garden Green Beans

Chicken Nachos  
OR Chicken and Cheese Quesadilla  
OR Deli Cheese Sandwich

\*\*Whole Grain Donut Holes\*\*

Chicken Nuggets and Soft Pan Dinner Roll  
OR BBQ Pork Sandwich  
OR Tortilla Pak

Cheesy Mashed Potato

Cheese Pizza Sticks Marinara Sauce  
OR All American Burger  
OR Deli Turkey Sandwich

Garlic and Herb Broccoli

French Toast Sticks  
Ham Slice  
OR Hot Turkey Sandwich  
OR Deli Cheese Sandwich

Breakfast Potato

Popcorn Chicken with Soft Pan Dinner Roll  
OR Hamburger on a bun  
OR Pretzel Bites

Mashed Potatoes & Gravy

Beefy Nachos with Homemade Cheese Sauce  
OR BBQ Pork Sandwich  
OR Yogurt Pak

Roasted Corn

Macaroni and Cheese  
OR Sloppy Joe on a bun  
OR Deli Turkey Sandwich

Seasoned Carrots  
\*\*Popsicle\*\*

#### HOM~Homeydeu & Mint

Cheese Pizza Sticks Marinara Sauce  
OR Breaded Chicken Sandwich  
OR Deli Ham Sandwich  
Garden Salad

\* Minted Fruit Salad\*

#### HOM ~ Asparagus

Chicken Nuggets with roll  
OR Home-style Meatballs & Gravy over Rice with Roll  
OR Deli Cheese Sandwich

Roasted Asparagus

Roasted Hot Dog on Bun  
OR Italian Meatball Sub  
OR Yogurt Pak

French Fries

Soft Shell Tacos with Lettuce, Cheese & Salsa  
OR Italian Meatball Sub  
OR Pretzel Bites

Spiced Pinto Beans  
\*\*Brownie\*\*

Toasted Cheese Sandwich  
OR Breaded Chicken Patty Sandwich  
OR Deli Turkey Sandwich  
Tomato Soup

\*Whole grain Donut Holes\*

Cheese Pizza Sticks Marinara Sauce  
OR Roasted Chicken Pieces  
OR Deli Ham Sandwich

Roasted Broccoli

MEMORIAL DAY

Sloppy Joe on a Bun  
OR Chicken Pot Pie in a Bread Bowl  
OR Pretzel Bites

Spring Peas

Crispy Chicken Nuggets  
French Bread Slice  
OR Hot Deli Sandwich  
OR Tortilla Pak

Ranch Potato Wedges



Choose **MyPlate.gov**



### PRICES

KD-3	\$2.25
4-12	\$2.50
Reduced	\$0.40
Adult	\$4.50
Extra Entrée	\$1.75

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
For questions or comments, contact  
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