



Don't forget to eat your vegetables.

# Central Intermediate Breakfast Menu

February 2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

29

30

31

1

2

Banana Chocolate Loaf

Mini Bagel  
Strawberry Cream Cheese

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice  
1% Milk  
Skim Milk

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

5

6

7

8

9

Mini Pancakes

Blueberry Loaf

Mini French Toast

Cinnamon Roll

Brekkie

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

Vegetable Selection  
Apple Juice  
1% Milk  
Skim Milk

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

Vegetable Selection  
Orange Juice  
1% Milk  
Skim Milk

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

12

13

14

15

16

Apple Bosco Stick

Mini Bagel  
Strawberry Cream Cheese

Banana Chocolate Loaf

Chocolate Chip Muffin  
Cheese Stick

Mini Eggo Waffles

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

Vegetable Selection  
Apple Juice  
1% Milk  
Skim Milk

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

Vegetable Selection  
Orange Juice  
1% Milk  
Skim Milk

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

19

20

21

22

23

Blueberry Muffin  
Fruited Yogurt

Banana Chocolate Loaf

Cinnamon Roll

French Toast Loaf

NO SCHOOL

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

Vegetable Selection  
Apple Juice  
1% Milk  
Skim Milk

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

Vegetable Selection  
Orange Juice  
1% Milk  
Skim Milk

26

27

28

NO SCHOOL

Brekkie

Mini Pancakes



Choice of Cereal  
Graham Crackers

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice  
1% Milk  
Skim Milk

Vegetable Selection  
Fresh Fruit  
1% Milk  
Skim Milk

Elementary	\$1.40
Reduced	Free
Adult	2.15

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% and Skim White or Chocolate Skim is included with breakfast.  
For questions or comments, contact the Food Service Director at: karabpat@rhinelander.k12.wi.us or call 715-365-9547

