



Don't forget to eat your vegetables.

# Central Intermediate Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

February 2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

29

30

31

1

Roasted Hot Dog on a Bun

Cold Cut Combo Sub

PB&J Sandwich  
Kettle Potato Chips

2

**Groundhog Day**

Groundhog Burger on a WG Bun

Punxsutawney Chicken Patty on a WG Bun

Phil's PB&J  
Shadow Fries

5

County Fair Corn Dog

Fish Sticks

PB&J Sandwich  
\*\*Rice Krispie Treat\*\*

6

Deluxe Chicken Sandwich

WG Chips, Salsa & Cheese Cubes

PB&J Sandwich  
Kettle Potato Chips

7

Pasta with Meat Sauce  
Garlic Toast

Hamburger on a Bun

PB&J Sandwich

8

Roast Turkey & Gravy  
Whole Grain Dinner Roll

Yogurt Pak with Pretzel Bites

PB&J Sandwich  
Mashed Potatoes

9

Crispy Chicken Nuggets  
Bread Stick

Turkey Deli Sandwich

PB&J Sandwich  
Golden French Fries

12

Cheeseburger on Bun

Chicken Patty on Whole Grain Bun

PB&J Sandwich  
Sweet Potato Fries

13

Cheese Pizza

Turkey BLT Salad

PB&J Sandwich

14

Valentine Chicken Nuggets

Sloppy Joe on a Bun

PB&J Sandwich  
Kettle Potato Chips

15

**National Gum Drop Day**

Beefy Nachos with Cheese

Turkey Deli Sub Sandwich

PB&J Sandwich  
\*\*Gumdrop Sugar Cookie\*\*

16

Popcorn Chicken Bowl

Salisbury Steak

PB&J Sandwich  
Mashed Potatoes & Gravy

19

**National Pancake Day**

Pancakes  
Sausage Patty

Crispy Chicken Salad

PB&J Sandwich  
Hashbrown Potatoes

20

BBQ Pulled Pork Sandwich

Yogurt Pak with Pretzel Bites

PB&J Sandwich  
Kettle Potato Chips

21

Italian Stromboli

Turkey Deli Sandwich

PB&J Sandwich

22

Toasted Cheese Sandwich  
Tomato Soup

Cheeseburger on Bun

PB&J Sandwich  
\*\*Brownie\*\*

23

NO SCHOOL

26

NO SCHOOL

27

Walking Taco

Turkey BLT Salad

PB&J Sandwich  
Spicy Pinto Beans

28

Cheese & Pepperoni Flatbread

Cold Cut Combo Sub

PB&J Sandwich  
\*\*Cookie\*\*

Choose **MyPlate**.gov

Elementary	\$2.25
Reduced	\$0.40
Adult	\$3.50
Milk Only	\$0.50

**HARVEST OF THE MONTH**

**EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate Skim is included with Lunch.  
Entree Salads are served with Dinner Roll.  
For questions or comments, contact the Food Service Director at 715-365-9547