



Don't forget to make
half your plate
FRUITS &
VEGETABLES

Rhineland Elementary School Breakfast Menu

May 2017

MONDAY

Eggo Cinnamon Mini Waffles **1**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Apple Juice
Choice of Milk

French Toast Breakfast Loaf **8**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Apple Juice
Choice of Milk

Banana Breakfast Loaf **15**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

Eggo WG Mini Pancakes **22**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Raisins
Choice of Milk

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MEMORIAL DAY

TUESDAY

Blueberry Breakfast Loaf **2**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

WG Blueberry Muffin **9**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

Eggo Cinnamon Mini Waffles **16**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Orange Juice
Choice of Milk

Banana Breakfast Loaf **23**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Apple Juice
Choice of Milk

30
Eggo WG Cinnamon Waffles
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

WEDNESDAY

Banana Breakfast Loaf **3**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Raisins
Choice of Milk

Eggo Mini Chocolate Chip French Toast **10**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

Brekkie Breakfast Round **17**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

Eggo Mini Chocolate Chip French Toast **24**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

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Banana Breakfast Loaf
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Raisins
Choice of Milk

THURSDAY

Eggo Mini Chocolate Chip French Toast **4**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

Banana Breakfast Loaf **11**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Raisins
Choice of Milk

Eggo Mini Chocolate Chip French Toast **18**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Raisins
Choice of Milk

Brekkie Breakfast Round **25**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
Choice of Milk

FRIDAY

Brekkie Breakfast Round **5**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Orange Juice
Choice of Milk

Eggo WG Mini Pancakes **12**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Apple Juice
Choice of Milk

Blueberry Breakfast Loaf **19**
or
Choice of WG Cereal
Graham Crackers

Vegetable Selection
Apple Juice
Choice of Milk

WG Blueberry Muffin **26**
or
Choice of WG Cereal
Graham Crackers
Vegetable Selection
Orange Juice
Choice of Milk

PRICES

Regular	\$1.40
Reduced	Free
Adult	\$2.15
Milk Only	\$0.50

EXTRA INFO

Free & Reduced Price Meal Benefit information & application can be obtained by contacting your child's school or the Food Service Office.

EXTRA INFO

Milk choice of 1% White, White Skim or Chocolate Skim is included with breakfast.
For questions or comments, contact the Patricia Karaba at: karabpat@rhineland.k12.wi.us or call 715-365-9547.

