



Don't forget to eat your vegetables.

# Elementary Breakfast Menu

September  
2017

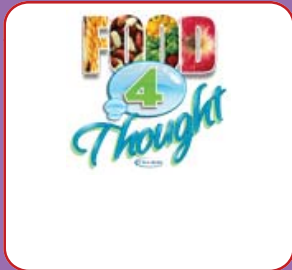
## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Banana Breakfast Loaf 1  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice  
Choice of Milk

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NO SCHOOL

Banana Breakfast Loaf 5  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Select  
Apple Juice  
Choice of Milk

Breakfast Round 6  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

French Toast Loaf 7  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Blueberry WG Muffin 8  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice  
Choice of Milk

Banana Breakfast Loaf 11  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Select  
Apple Juice  
Choice of Milk

Eggo WG Pancakes 12  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Blueberry Breakfast Loaf 13  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Chocolate Chip  
WG Muffin 14  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Eggo Mini Chocolate  
Chip French Toast 15  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice  
Choice of Milk

French Toast Loaf 18  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Breakfast Round 19  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice  
Choice of Milk

Blueberry WG Muffin 20  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Eggo Cinnamon  
Mini Waffles 21  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Banana Breakfast Loaf 22  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Select  
Apple Juice  
Choice of Milk

Chocolate Chip  
WG Muffin 25  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Blueberry Breakfast Loaf 26  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

Eggo Mini Chocolate  
Chip French Toast 27  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice  
Choice of Milk

Banana Breakfast Loaf 28  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Select  
Apple Juice  
Choice of Milk

Eggo WG Pancakes 29  
or  
Choice of WG Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Choice of Milk

### PRICES

Regular	\$1.40
Reduced	Free
Adult	\$2.15

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of White or Chocolate Skim is included with breakfast.  
For questions or comments, contact the Food Service Director at: karabpat@rhinelander.k12.wi.us or call 715-365-9547.

