



Don't forget to eat your vegetables.

# Rhineland Elementary

September

## Lunch Menu

2017

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



4  
Happy Labor Day

5  
**Back to School Picnic**  
Roasted Hot Dog Picnic Basket  
  
OR Cheeseburger Picnic Basket  
OR PB&J  
  
Kettle Chips & Cookie

6  
Breaded Chicken Sandwich  
  
OR Pulled Pork Sandwich  
OR PB&J  
  
Savory Baked Beans

7  
Soft Shell Tacos with Lettuce, Cheese, Salsa  
  
OR Chef Salad  
OR PB&J  
  
Roasted Corn

8  
County Fair Corn Dog  
  
OR Yogurt Pak  
OR PB&J  
  
Garden Green Beans  
  
Pizza Parlor Pizza  
  
OR Yogurt Pak  
OR PB&J

11  
WG Pancakes  
Sausage Patty  
  
OR Ham Deli Sub  
OR PB&J  
  
Breakfast Potatoes

12  
**HOM Corn and Cilantro**  
Chicken Fajitas  
  
OR Hot Ham & Cheese Sandwich  
OR PB&J  
  
Mexican Street Corn

13  
Pasta with Meat Sauce and Garlic Toast  
  
OR Turkey BLT Wrap  
OR PB&J

14  
Chicken Nugget Basket with a Soft Pan Roll  
  
OR All American Burger Basket  
OR PB&J  
  
Golden French Fries

15  
**\*\*\*Cookie\*\***  
Pizza Dippers w/Sauce  
  
OR Crispy Chicken Salad  
OR PB&J  
  
Garlic & Herb Broccoli

18  
Crispy Chicken Bites with Choice of Dipping Sauce and a Soft Pan Roll  
  
OR Roasted Hot Dog  
OR PB&J  
  
Sweet Green Peas

19  
Chicken Alfredo and Cheesy Garlic Toast  
  
OR Yogurt Pak  
OR PB&J

20  
Beefy Nachos with Homemade Cheese Sauce  
  
OR Chef Salad  
OR PB&J  
  
Spiced Pinto Beans

21  
**\*\*\* Cookie\*\*\***  
Breaded Chicken Sandwich  
  
OR Cheeseburger  
OR PB&J  
  
Kettle Chips

22  
Pizza Parlor Pizza  
  
OR Turkey Deli Sub  
OR PB&J  
  
Roasted Zucchini

25  
**\*\*\*Rice Krispie Treat\*\*\***  
Crispy Fish Sandwich with Cheese  
  
OR Mini Corn Dogs  
OR PB&J  
  
Sweet Potato Fries

26  
Cheese & Pepperoni Flatbread  
  
OR Yogurt Pak  
OR PB&J

27  
**HOM Cantaloupe**  
Crispy Chicken Tender Basket w/ French Bread  
  
OR Sloppy Joe Basket  
OR PB&J  
  
Ranch Potato Wedges

28  
Walking Taco with Lettuce and Tomato  
  
OR Garden Salad  
OR PB&J  
  
Black Beans

29  
Roasted Hot Dog  
  
OR Cheeseburger  
OR PB&J  
  
Roasted Corn

### PRICES

Elementary	\$2.25
Reduced	\$0.40
Adult	\$3.50
Milk Only	\$0.50

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions or comments, contact the Food Service Director at: 715-365-9547.

