



Don't forget to eat your vegetables.

Central Intermediate Breakfast Menu

December 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



29

30

1

Mini French Toast

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

4

French Toast Loaf
Graham Crackers

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

5

Blueberry Muffin
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

6

Mini Bagel
Strawberry Cream Cheese

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

7

Banana Chocolate Loaf
Graham Crackers

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

8

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

11

Blueberry Loaf
Graham Crackers

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

12

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

13

Brekkie

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

14

Mini Eggo Waffles

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

15

Banana Chocolate Loaf
Graham Crackers

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

18

Mini Bagel
Strawberry Cream Cheese

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

19

French Toast Loaf
Graham Crackers

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

20

Chocolate Chip Muffin
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

21

Brekkie

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

22

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

25

Have a wonderful Winter Break!

26

No School

27

No School

28

No School

29

No School

PRICES

Regular	\$1.40
Reduced	Free
Adult	\$2.15

HARVEST OF THE MONTH



EXTRA INFO

Milk choice is 1% White, Skim or Chocolate Skim is included with breakfast. For questions or comments, contact the Food Service Director at karabpat@rhinelander.k12.wi.us or call 715-365-5947.

