



Don't forget to eat your vegetables.

Central Intermediate School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December
2017

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

4

French Toast Sticks
Sausage Patty

Turkey Deli Sandwich
PB&J Sandwich

Breakfast Potatoes

5

Cheeseburger on a Whole Grain Bun

Chicken Patty on Whole Grain Bun

PB&J Sandwich

6

Pasta with Meat Sauce
French Bread

WG Chips, Salsa & Cheese Cubes

PB&J Sandwich

Green Peas

7

HOM Clementine

Chicken Nugget Basket
Whole Grain Dinner Roll

Fish Stick Basket
Whole Grain Dinner Roll
PB&J Sandwich

Clementine Orange

8

Eat a Red Apple Day

Cheese Pizza

Yogurt Pak with Bagel

PB&J Sandwich

Glazed Carrots

11

Sweet & Sour Chicken
Brown Rice

Hotdog on a Bun

PB&J Sandwich

Green Peas

12

Italian Stromboli

Yogurt Pak with Bagel

PB&J Sandwich

13

Soft Beef Tacos
Lettuce, Tomato, Cheese

Chef Salad

PB&J Sandwich

Spicy Pinto Beans

14

HOM Mustard

Chicken Patty on Whole Grain Bun

Cheeseburger on Bun

PB&J Sandwich

Golden French Fries
Chocolate Chip Cookie

15

Cheese Pizza

Ham Deli Sub Sandwich

PB&J Sandwich

Green Beans

18

Sloppy Joe on a Bun

Mini Corn Dogs

PB&J Sandwich

Sweet Potato Fries
Mini Rice Krispie Treat

19

Crispy Chicken Nuggets
Whole Grain Dinner Roll

WG Chips, Salsa & Cheese Cubes

PB&J Sandwich

Mashed Potatoes
Gravy

20

Cheese & Pepperoni Flatbread

Yogurt Pak with Bagel

PB&J Sandwich

21

National Hamburger Day

Cheeseburger on Bun

Corn Dog

PB&J Sandwich

Kettle Potato Chips

22

Max Stix
Marinara Sauce

Chicken Patty on Whole Grain Bun

PB&J Sandwich

25

Have a wonderful Winter Break

26

No School

27

No School

28

No School

29

No School

PRICES

Elementary	\$2.25
Reduced	\$0.40
Adult	\$3.50
Milk Only	\$0.50

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with Lunch.
Entree Salads are served with Dinner Roll.
For questions or comments, contact the Food Service Director at 715-365-9547

