



Don't forget to eat your Vegetables.

# Rhineland High School Breakfast Menu

December  
2017

## MONDAY



## TUESDAY



## WEDNESDAY

## THURSDAY

## FRIDAY

4

Long John

Brekkie

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Canned Fruit

5

Apple Bosco Stick

Banana Chocolate Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice

6

Breakfast Pizza

Blueberry Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit

7

Ham, Egg & Cheese Bagel

French Toast Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice

1

Mini Donut  
Fruited Yogurt

Apple Cinnamon Muffin

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit

11

Long John

Brekkie

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Canned Fruit

12

Apple Bosco Stick

Banana Chocolate Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice

13

Breakfast Pizza

Blueberry Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit

14

Ham, Egg & Cheese Bagel

French Toast Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice

15

Mini Donut  
Fruited Yogurt

Apple Cinnamon Muffin

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit

18

Long John

Brekkie

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Canned Fruit

19

Apple Bosco Stick

Banana Chocolate Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice

20

Breakfast Pizza

Blueberry Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit

21

Ham, Egg & Cheese Bagel

French Toast Loaf

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice

22

Mini Donut  
Fruited Yogurt

Apple Cinnamon Muffin

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit

25

No School

26

No School

27

No School

28

No School

29

No School

### PRICES

Regular	\$1.60
Reduced	Free
Adult	\$2.15

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of White or Chocolate Skim is included with breakfast.  
For questions or comments, contact the Food Service Director at 715-365-9547 or email karabpat@rhineland.k12.wi.us

