



Don't Forget  
to Eat Your  
Vegetables

# Rhineland High School

## Lunch Menu

Fresh Vegetable Choices and  
Seasonal Fruit are Offered Daily

# December 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

**Classic Cafe** Chicken Enchiladas, Mexican Brown Rice

**Diner** Hotdog on a Bun, Cheeseburger on Bun, Hamburger on a Bun

**Pizza Parlor** BBQ Chicken Pizza, Cheese Pizza, Pepperoni Pizza

**Grab n Go** Chicken Taco Salad, Turkey Deli Sub Sandwich

**Creation** Wing Bar

Harvest of the Month



All meals include Fresh Fruit and Vegetable Bar and choice of White Skim or Chocolate Skim Milk.

For questions or comments, contact Patricia Karaba at 715-365-9547

or email [karabpat@rhineland.k12.wi.us](mailto:karabpat@rhineland.k12.wi.us).

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't Forget  
to Eat Your  
Vegetables

# Rhineland High School

## Lunch Menu

Fresh Vegetable Choices and  
Seasonal Fruit are Offered Daily

# December 2017

4  
MONDAY

- Classic Cafe** Italian Stromboli, Chocolate Chip Cookie
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Double Decker PB & J Sandwich, Ham Deli Sub Sandwich
- Creation** Pasta Bar

5  
TUESDAY

- Classic Cafe** Chicken Marinara, Bread Stick
- Diner** Fish Sandwich with Cheese, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Taco Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Turkey BLT Salad, WG Chips, Salsa & Cheese Cubes
- Creation** Breakfast Bar

6  
WEDNESDAY

- Classic Cafe** Southwest Burger, Kettle Potato Chips
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Harvest Chicken Salad, Turkey Deli Sub Sandwich
- Creation** Taco Bar

7  
THURSDAY

- Classic Cafe** Pasta with Meat Sauce, Garlic Toast
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Chicken Bacon Ranch Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Buffalo Chicken Fajita Wrap, Chef Salad
- Creation** Build Your Own Sub

8  
FRIDAY

- Classic Cafe** BBQ Pulled Pork Sandwich, Garlic & Herb Broccoli, Homemade Brownie
- Diner** Hotdog on a Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** BBQ Chicken Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Hummus Plate, Italian Sub
- Creation** Popcorn Chicken Bowl

EXTRA INFO



All meals include Fresh Fruit and Vegetable Bar and choice of White Skim or Chocolate Skim Milk.  
For questions or comments, contact Patricia Karaba at 715-365-9547 or email karabpat@rhineland.k12.wi.us.

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't Forget  
to Eat Your  
Vegetables

# Rhineland High School

## Lunch Menu

Fresh Vegetable Choices and  
Seasonal Fruit are Offered Daily

# December 2017

11

MONDAY

- Classic Cafe** Turkey Nachos Supreme, Cinnamon Churro
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Double Decker PB & J Sandwich, Ham Deli Sub Sandwich
- Creation** Wing Bar

12

TUESDAY

- Classic Cafe** Sweet & Sour Chicken, Brown Rice, Fortune Cookie
- Diner** Fish Sandwich with Cheese, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Taco Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Turkey BLT Salad, WG Chips, Salsa & Cheese Cubes
- Creation** Pasta Bar

13

WEDNESDAY

- Classic Cafe** Chicken Alfredo w/Pasta, Garlic Toast
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Harvest Chicken Salad, Turkey Deli Sub Sandwich
- Creation** Popcorn Chicken Bowl

14

THURSDAY

- Classic Cafe** Sloppy Joe on a Bun, Kettle Potato Chips
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Chicken Bacon Ranch Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Buffalo Chicken Fajita Wrap, Chef Salad
- Creation** Soup and Sandwich Bar

15

FRIDAY

- Classic Cafe** Pizza Bake, Bread Stick
- Diner** Hotdog on a Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** BBQ Chicken Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Hummus Plate, Italian Sub
- Creation** Breakfast Bar

EXTRA INFO

### Harvest of the Month



All meals include Fresh Fruit and Vegetable Bar and choice of White Skim or Chocolate Skim Milk.  
For questions or comments, contact Patricia Karaba at 715-365-9547  
or email karabpat@rhineland.k12.wi.us.

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't Forget to Eat Your Vegetables

# Rhineland High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily

## December 2017

18

MONDAY

- Classic Cafe** Soft Beef Tacos
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Double Decker PB & J Sandwich, Ham Deli Sub Sandwich
- Creation** Build Your Own Baked Potato

19

TUESDAY

- Classic Cafe** Beef Chili, Cornbread
- Diner** Fish Sandwich with Cheese, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Taco Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Turkey BLT Salad, WG Chips, Salsa & Cheese Cubes
- Creation** Taco Bar

20

WEDNESDAY

- Classic Cafe** Roast Turkey & Gravy, Mashed Potatoes, Whole Grain Dinner Roll
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Harvest Chicken Salad, Turkey Deli Sub Sandwich
- Creation** Build Your Own Sub

21

THURSDAY

- Classic Cafe** Build Your Own Burger, Garlic Parmesan Roasted Potatoes
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Chicken Bacon Ranch Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Buffalo Chicken Fajita Wrap, Chef Salad
- Creation** Pasta Bar

22

FRIDAY

- Classic Cafe** Hotdog on a Bun, Cheesy Fries
- Diner** Hotdog on a Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** BBQ Chicken Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Hummus Plate, Italian Sub
- Creation** Popcorn Chicken Bowl

EXTRA INFO

### Harvest of the Month



All meals include Fresh Fruit and Vegetable Bar and choice of White Skim or Chocolate Skim Milk.  
For questions or comments, contact Patricia Karaba at 715-365-9547 or email karabpat@rhineland.k12.wi.us.

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't Forget  
to Eat Your  
Vegetables

# Rhineland High School Lunch Menu

Fresh Vegetable Choices and  
Seasonal Fruit are Offered Daily

## December 2017

25

MONDAY

No School Winter Break

28

THURSDAY

No School Winter Break

26

TUESDAY

No School Winter Break

29

FRIDAY

No School Winter Break

27

WEDNESDAY

No School Winter Break

EXTRA INFO



All meals include Fresh Fruit and Vegetable Bar and  
choice of White Skim or Chocolate Skim Milk.

For questions or comments, contact Patricia Karaba  
at 715-365-9547

or email [karabpat@rhineland.k12.wi.us](mailto:karabpat@rhineland.k12.wi.us).

Menus are subject to change without  
notice. This institution is an equal  
opportunity provider.

