



Don't forget to eat your
Vegetables

James Williams Middle School

Lunch Menu

Fresh Vegetable Choices and
Seasonal Fruit are Offered Daily

December 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

Classic Cafe Italian Meatball Sub, Kettle
Potato Chips

Diner Chicken Patty on Whole Grain Bun,
Cheeseburger on Bun, Hamburger
on a Bun

Grab n Go Crispy Chicken Wrap, Turkey Deli
Sub Sandwich

Harvest of the Month 



All meals include Fresh Fruit and Vegetable Bar and
choice of White Skim or Chocolate Skim Milk.

For questions or comments, contact Patricia Karaba
at: karabpat@rhinelander.k12.wi.us or
call 715-365-9547.

Menus are subject to change without
notice. This institution is an equal
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4 MONDAY

- Classic Cafe** Italian Stromboli, Chocolate Chip Cookie
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Double Decker PB & J Sandwich, Turkey Deli Sub Sandwich

7 THURSDAY

- Classic Cafe** Soft Beef Tacos, Cinnamon Churro
- Pizza Parlor** Sausage Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Yogurt Parfait with Fruit & Granola, Crispy Chicken Salad

5 TUESDAY

- Classic Cafe** Chicken Parmesan w/Pasta, Bread Stick
- Pizza Parlor** Meatlovers, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Buffalo Chicken Fajita Wrap, Chef Salad

8 FRIDAY

- Classic Cafe** Cheese & Pepperoni Flatbread, Garlic & Herb Broccoli, Homemade Brownie
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Crispy Chicken Wrap, Italian Sub

6 WEDNESDAY

- Classic Cafe** Southwest Burger, Kettle Potato Chips
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Beef Taco Salad, Ham Deli Sub Sandwich

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MONDAY

- Classic Cafe** Chicken Alfredo w/Pasta, Garlic Toast
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Double Decker PB & J Sandwich, Turkey Deli Sub Sandwich

14

THURSDAY

- Classic Cafe** Lasagna Rollups, French Bread, Chocolate Chip Cookie
- Pizza Parlor** Sausage Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Yogurt Parfait with Fruit & Granola, Crispy Chicken Salad

12

TUESDAY

- Classic Cafe** Sloppy Joe on a Bun, Golden French Fries
- Pizza Parlor** Meatlovers, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Buffalo Chicken Wrap, Chef Salad

15

FRIDAY

- Classic Cafe** Crispy Chicken Nuggets, Mashed Potatoes, Gravy, Whole Grain Dinner Roll
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Crispy Chicken Wrap, Turkey Deli Sub Sandwich

13

WEDNESDAY

- Classic Cafe** Sweet & Sour Chicken, Brown Rice, Fortune Cookie
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Beef Taco Salad, Ham Deli Sub Sandwich

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MONDAY

- Classic Cafe** Beefy Nachos with Cheese, Rice Krispie Treat
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Double Decker PB & J Sandwich, Turkey Deli Sub Sandwich

21

THURSDAY

- Classic Cafe** Build Your Own Burger, Garlic Parmesan Roasted Potatoes
- Pizza Parlor** Sausage Pizza, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Yogurt Parfait with Fruit & Granola, Crispy Chicken Salad

19

TUESDAY

- Classic Cafe** Hot Ham & Cheese Flatbread, Kettle Potato Chips
- Pizza Parlor** Meatlovers, Cheese Pizza, Pepperoni Pizza
- Grab n Go** Buffalo Chicken Wrap, Chef Salad

22

FRIDAY

- Classic Cafe** Hotdog on a Bun, Golden French Fries
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Crispy Chicken Wrap, Turkey Deli Sub Sandwich

20

WEDNESDAY

- Classic Cafe** Pizza Bake, Garlic Breadstick
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Beef Taco Salad, Ham Deli Sub Sandwich

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MONDAY

No School Winter Break

28

THURSDAY

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26

TUESDAY

No School Winter Break

29

FRIDAY

No School Winter Break

27

WEDNESDAY

No School Winter Break

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