



Don't Forget
to Eat Your
Vegetables

James Williams Middle School

Lunch Menu

Fresh Vegetable Choices and
Seasonal Fruit are Offered Daily

January 2018

1

New Year's Day No School

MONDAY

4

Classic Cafe Salisbury Steak, Mashed Potatoes with Gravy

Pizza Parlor Pepperoni Pizza, Cheese Pizza, BBQ Chicken Pizza

Grab n Go Yogurt Parfait with Fruit & Granola, Turkey BLT Wrap

THURSDAY

2

Classic Cafe No School

TUESDAY

5

Classic Cafe Chicken Enchiladas, Mexican Street Corn, Churro

Diner Corn Dog, Cheeseburger on Bun, Hamburger on a Bun

Grab n Go Italian Sub, Crispy Chicken Wrap

FRIDAY

3

Classic Cafe Cheese & Pepperoni Flatbread, Kettle Potato Chips

Diner BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun

Grab n Go Double Decker PB & J Sandwich, Garden Vegetable Salad

WEDNESDAY

EXTRA INFO

Harvest of the Month 



All meals include Fresh Fruit and Vegetable Bar and choice of White Skim or Chocolate Skim Milk.

For questions or comments, contact Patricia Karaba at 715-365-9547

or email karabpat@rhinelander.k12.wi.us.

Menus are subject to change without notice. This institution is an equal opportunity provider.





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8 MONDAY

- Classic Cafe** French Toast Sticks, Sausage Patty, Hashbrown Potatoes
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Double Decker PB & J Sandwich, Turkey Deli Sub Sandwich

11 THURSDAY

- Classic Cafe** BBQ Meatball Sub, Kettle Potato Chips
- Pizza Parlor** Pepperoni Pizza, Cheese Pizza, BBQ Chicken Pizza
- Grab n Go** Yogurt Parfait with Fruit & Granola, Turkey BLT Wrap

9 TUESDAY

- Classic Cafe** Roast Pork & Gravy, Cinnamon Sweet-Apples, Mashed Potatoes, Cornbread
- Pizza Parlor** Pepperoni Pizza, Cheese Pizza, Meatlovers
- Grab n Go** Honey Mustard Ham Wrap, Chef Salad

12 FRIDAY

- Classic Cafe** Grilled Cheese Sandwich, Tomato Soup
- Diner** Corn Dog, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Italian Sub, Crispy Chicken Wrap

10 WEDNESDAY

- Classic Cafe** Philly Flatbread, Calico Bean Bake, Birthday Cake
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Egg Salad Flatbread, Garden Vegetable Salad

EXTRA INFO

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15

MONDAY

- Classic Cafe** Popcorn Chicken, Mashed Potatoes with Gravy, Whole Grain Dinner Roll
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Double Decker PB & J Sandwich, Turkey Deli Sub Sandwich

18

THURSDAY

- Classic Cafe** Beefy Nachos with Cheese, Refried Beans
- Pizza Parlor** Pepperoni Pizza, Cheese Pizza, BBQ Chicken Pizza
- Grab n Go** Yogurt Parfait with Fruit & Granola, Turkey BLT Wrap

16

TUESDAY

- Classic Cafe** Chili in a Bread Bowl, Cinnamon Roll
- Pizza Parlor** Pepperoni Pizza, Cheese Pizza, Meatlovers
- Grab n Go** Honey Mustard Ham Wrap, Chef Salad

19

FRIDAY

- Classic Cafe** No School

17

WEDNESDAY

- Classic Cafe** Italian Stromboli, Chocolate Chip Cookie
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Egg Salad Flatbread, Garden Vegetable Salad

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22

MONDAY

Classic Cafe No School

25

THURSDAY

Classic Cafe Roast Turkey & Gravy, Mashed Potatoes, Bread Stick, Chocolate Chip Cookie

Pizza Parlor Pepperoni Pizza, Cheese Pizza, BBQ Chicken Pizza

Grab n Go Yogurt Parfait with Fruit & Granola, Turkey BLT Wrap

23

TUESDAY

Classic Cafe Southwest Burger, Kettle Potato Chips

Pizza Parlor Pepperoni Pizza, Cheese Pizza, Meatlovers

Grab n Go Double Decker PB & J Sandwich, Chef Salad

26

FRIDAY

Classic Cafe Cheese Fries, Marinara Sauce

Diner Corn Dog, Cheeseburger on Bun, Hamburger on a Bun

Grab n Go Italian Sub, Crispy Chicken Wrap

24

WEDNESDAY

Classic Cafe Orange Chicken, Brown Rice, Fortune Cookie

Diner BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun

Grab n Go Egg Salad Flatbread, Garden Vegetable Salad

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29

MONDAY

- Classic Cafe** Chicken Teriyaki over, Brown Rice, Stir Fry Vegetable, Whole Grain Dinner Roll
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Double Decker PB & J Sandwich, Turkey Deli Sub Sandwich

1

THURSDAY

30

TUESDAY

- Classic Cafe** Turkey BLT Flatbread, Potato Wedges
- Pizza Parlor** Pepperoni Pizza, Cheese Pizza, Meatlovers
- Grab n Go** Honey Mustard Ham Wrap, Chef Salad

2

FRIDAY

31

WEDNESDAY

- Classic Cafe** Chicken Tacos, Lettuce, Tomato, Cheese, Churro
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Grab n Go** Egg Salad Flatbread, Garden Vegetable Salad

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