

Don't forget to eat your vegetables.

## **Pelican Elementary Lunch Menu**

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

**January** 2018

5

12

19

26

## TUESDAY THURSDAY FRIDAY MONDAY WEDNESDAY New Year's Day No School 2 **National Bean Day** 3 1 4 Chicken Patty on Whole Grain Hot Ham & Cheese Flatbread Cheese Pizza No School No School Yogurt Pak with Pretzel Bites Ham Deli Sub Hamburger on a Bun PB&J Sandwich PB&J Sandwich PB&J Sandwich 9 11 **National Apricot Day** 8 10 Pancakes Crispy Chicken Nuggets Toasted Cheese Sandwich Pizza Dippers Roast Turkey & Gravy Sausage Patty Whole Grain Dinner Roll Cornbread Tomato Soup Pizza Sauce Turkey Deli Sub Chef Salad Mini Corn Dogs Hamburger on a Bun Ham Deli Sub Sandwich PB&J Sandwich PB&J Sandwich PB&J Sandwich PB&J Sandwich PB&J Sandwich Sweet Potato Fries Mashed Potatoes Hashbrown Potatoes \*\*Birthday Cake\*\* Cinnamon Sweet-Apples 17 No School 15 16 18 Chicken Patty on Whole Grain Italian Stromboli Hotdog on a Bun Chicken Bacon Ranch Melt Bun Marinara Sauce with a cup of Chili Yogurt Pak with Pretzel Bites hef Salad No School B&J Sandwich PB&J Sandwich

	Pizza Slider	Turkey Deli Sandwich		Chef Salad
	PB&J Sandwich	PB&J Sandwich		PB&J Sandwich
	Kettle Potato Chips			
4	No School 22	23	1	HOM Lemon 24
		Sweet & Sour Chicken		Cheese & Pepperoni Flatbread

29

Brown Rice Turkey BLT Salad PB&J Sandwich

\*\*Lemon Bar\*\* 30 Cheese Pizza Yogurt Pak with Bagel PB&J Sandwich

31 Walking Taco Lettuce, Tomato, Cheese Chef Salad PB&J Sandwich

Turkey Deli Sandwich

PB&J Sandwich

24

Choose My Plate.go

Pasta with Meat Sauce

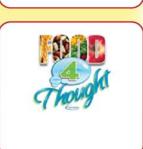
Chicken Patty on Whole Grain

**Bread Stick** 

PB&J Sandwich

Bun

25



Chicken Nugget Basket

Fish Sandwich Basket

Golden French Fries

PB&J Sandwich

Whole Grain Dinner Roll

PRICES	
Elementary	\$2.25
Reduced	\$0.40
Adult	\$3.50
Milk Only	\$0.50

**HOM Ginger** 

Whole Grain Dinner Roll

Mashed Potatoes & Gravy

Crispy Chicken Nuggets

Ham Deli Sub Sandwich

PB&J Sandwich

No School



## **EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate Skim is included with Lunch. Entree Salads are served with Dinner Roll For questions or comments, contact the Food Service Director at 715-365-9547

