



Don't Forget
to Eat Your
Vegetables

Rhineland High School

Lunch Menu

Fresh Vegetable Choices and
Seasonal Fruit are Offered Daily

March 2018

MONDAY

TUESDAY

WEDNESDAY

1

THURSDAY

2

FRIDAY

EXTRA INFO

Classic Cafe Southwest Burger, Kettle
Potato Chips

Diner Chicken Patty on Whole Grain Bun,
Cheeseburger on Bun, Hamburger
on a Bun

Pizza Parlor Cheese Bread, Pepperoni
Pizza, Cheese Pizza

Grab n Go Italian Sub, Garden Vegetable
Salad

Creation Pasta Bar

Classic Cafe Fish Sticks, Potato Wedges, Goldfish
Crackers

Diner BBQ Rib Sandwich, Cheeseburger
on Bun, Hamburger on a Bun

Pizza Parlor Sausage Pizza, Pepperoni
Pizza, Cheese Pizza

Grab n Go Cold Cut Combo Sub, Yogurt Pak
with Pretzel Bites

Creation Popcorn Chicken Bowl

Harvest of the Month 



All meals include Fresh Fruit and Vegetable Bar and
choice of White Skim or Chocolate Skim Milk.
For questions or comments, contact Patricia Karaba
at 715-365-9547
or email karabpat@rhineland.k12.wi.us.

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5 MONDAY

- Classic Cafe** Roasted Hot Dog on a Bun, Cheesy Fries
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Double Decker PB & J Sandwich, Chef Salad
- Creation** Mac & Cheese Bar

6 TUESDAY

- Classic Cafe** Beef & Broccoli Stir Fry, Brown Rice, Whole Grain Dinner Roll, Egg Roll
- Diner** Mini Corn Dogs, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Beef Taco Salad, Turkey Deli Sub Sandwich
- Creation** Build Your Own Sub

7 WEDNESDAY

- Classic Cafe** Italian Meatball Sub, Kettle Potato Chips
- Diner** Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Chicken Alfredo Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Ham & Cheese Pinwheel, Crispy Chicken Salad
- Creation** Wing Bar

8 THURSDAY

- Classic Cafe** Salisbury Steak, Mashed Potatoes, Whole Grain Dinner Roll
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Cheese Bread, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Italian Sub, Garden Vegetable Salad
- Creation** Build Your Own Baked Potato

9 FRIDAY

- Classic Cafe** Pizza Bake, Garlic Toast, **Birthday Cake**
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Cold Cut Combo Sub, Yogurt Pak with Pretzel Bites
- Creation** Pasta Bar

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Harvest of the Month



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MONDAY

- Classic Cafe** French Toast Sticks, Sausage Patty, Hashbrown Potatoes
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Double Decker PB & J Sandwich, Chef Salad
- Creation** Taco Bar

13

TUESDAY

- Classic Cafe** Pasta with Meat Sauce, Garlic Toast
- Diner** Mini Corn Dogs, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Beef Taco Salad, Turkey Deli Sub Sandwich
- Creation** Popcorn Chicken Bowl

14

WEDNESDAY

- Classic Cafe** Roast Turkey & Gravy, Mashed Potatoes, Whole Grain Dinner Roll
- Diner** Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Chicken Alfredo Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Ham & Cheese Pinwheel, Crispy Chicken Salad
- Creation** Breakfast Bar

15

THURSDAY

- Classic Cafe** Hot Ham & Cheese Flatbread, Golden French Fries
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Cheese Bread, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Italian Sub, Garden Vegetable Salad
- Creation** Mac & Cheese Bar

16

FRIDAY

- Classic Cafe** Meatloaf, Baked Potato Halves, Chocolate Chip Cookie
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Cold Cut Combo Sub, Yogurt Pak with Pretzel Bites
- Creation** Wing Bar

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MONDAY

- Classic Cafe** Chicken Marinara w/Pasta, Garlic Toast
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Double Decker PB & J Sandwich, Chef Salad
- Creation** Popcorn Chicken Bowl

20

TUESDAY

- Classic Cafe** Toasted Cheese Sandwich, Tomato Soup
- Diner** Mini Corn Dogs, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Beef Taco Salad, Turkey Deli Sub Sandwich
- Creation** Pasta Bar

21

WEDNESDAY

- Classic Cafe** Cheese & Pepperoni Flatbread, Kettle Potato Chips
- Diner** Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Chicken Alfredo Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Ham & Cheese Pinwheel, Crispy Chicken Salad
- Creation** Build Your Own Baked Potato

22

THURSDAY

- Classic Cafe** Mexican Street Tacos, Pineapple Radish Pico
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Cheese Bread, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Italian Sub, Garden Vegetable Salad
- Creation** Build Your Own Sub

23

FRIDAY

- Classic Cafe** Sloppy Joe on a Bun, Potato Wedges, Chocolate Chip Cookie
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Cold Cut Combo Sub, Yogurt Pak with Pretzel Bites
- Creation** Taco Bar

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MONDAY

Classic Cafe NO SCHOOL

29

THURSDAY

Classic Cafe NO SCHOOL

27

TUESDAY

Classic Cafe NO SCHOOL

30

FRIDAY

Classic Cafe NO SCHOOL

28

WEDNESDAY

Classic Cafe NO SCHOOL

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