



Don't forget to eat your vegetables.

James Williams Middle School Breakfast Menu

March
2018

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

5

Long John
Brekkie
Choice of Cereal
Graham Crackers
Vegetable Selection
Canned Fruit
Skim Milk

6

Pancake on a Stick
Blueberry Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

7

Breakfast Pizza
French Toast Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice
Skim Milk

8

Ham, Egg & Cheese on an English Muffin
Banana Chocolate Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

9

Cinnamon Roll
Mini Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

12

Long John
Brekkie
Choice of Cereal
Graham Crackers
Vegetable Selection
Canned Fruit
Skim Milk

13

Pancake on a Stick
Blueberry Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice
Skim Milk

14

Breakfast Pizza
French Toast Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

15

Ham, Egg & Cheese on an English Muffin
Banana Chocolate Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

16

Cinnamon Roll
Mini Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

19

Long John
Brekkie
Choice of Cereal
Graham Crackers
Vegetable Selection
Canned Fruit
Skim Milk

20

Pancake on a Stick
Blueberry Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice
Skim Milk

21

Breakfast Pizza
French Toast Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

22

Ham, Egg & Cheese on an English Muffin
Banana Chocolate Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

23

Apple Bosco Stick
Mini Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

26

SPRING BREAK
NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

30

NO SCHOOL

Regular	\$1.60
Reduced	Free
Adult	\$2.15



EXTRA INFO

Milk choice of White or Chocolate Skim is included with breakfast.
For questions or comments, contact Food the Service Director at 715-365-9547 or email karabpat@rhinelander.k12.wi.us

