



Don't forget to eat your Vegetables.

Rhineland High School Breakfast Menu

May
2018

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7

Long John
Brekkie
Choice of Cereal
Graham Crackers
Vegetable Selection
Canned Fruit
Skim Milk

8

Breakfast Pizza
Blueberry Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice
Skim Milk

9

Ham, Egg & Cheese on an English Muffin
French Toast Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

10

Mini Donut
Strawberry Cream Cheese Filled Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

11

Cinnamon Roll
Banana Chocolate Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

14

Long John
Brekkie
Choice of Cereal
Graham Crackers
Vegetable Selection
Canned Fruit
Skim Milk

15

Breakfast Pizza
Blueberry Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice
Skim Milk

16

Ham, Egg & Cheese on an English Muffin
French Toast Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

17

Mini Donut
Strawberry Cream Cheese Filled Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

18

Cinnamon Roll
Banana Chocolate Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

21

Long John
Brekkie
Choice of Cereal
Graham Crackers
Vegetable Selection
Canned Fruit
Skim Milk

22

Breakfast Pizza
Cheese Stick
Blueberry Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice
Skim Milk

23

Ham, Egg & Cheese on an English Muffin
French Toast Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

24

Mini Donut
Strawberry Cream Cheese Filled Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

25

Cinnamon Roll
Banana Chocolate Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit
Skim Milk

NO SCHOOL 28

29

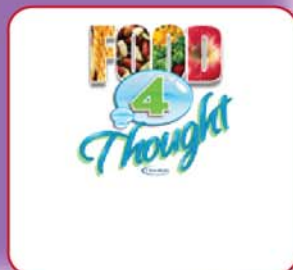
Breakfast Pizza
Blueberry Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice
Skim Milk

30

Ham, Egg & Cheese on an English Muffin
French Toast Loaf
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

31

Mini Donut
Strawberry Cream Cheese Filled Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice



Prices

| | |
|---------|--------|
| Regular | \$1.60 |
| Reduced | Free |
| Adult | \$2.15 |



EXTRA INFO

Milk choice of White or Chocolate Skim is included with breakfast.
For questions or comments, contact the Food Service Director at 715-365-9547 or email karabpat@rhineland.k12.wi.us

