



Don't Forget to Eat Your Vegetables

Rhineland High School

Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily

May 2018

MONDAY

3

THURSDAY

Classic Cafe Beef Enchiladas, Mexican Brown Rice

Diner Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun

Pizza Parlor Cheese Bread, Pepperoni Pizza, Cheese Pizza

Grab n Go Italian Sub, Turkey BLT Salad

Creation Mac & Cheese Bar

1

TUESDAY

Classic Cafe Roast Turkey & Gravy, Cinnamon Sweet-Apples, Mashed Potatoes

Diner Pizza Burger Melt, Cheeseburger on Bun, Hamburger on a Bun

Pizza Parlor BBQ Chicken Pizza, Pepperoni Pizza, Cheese Pizza

Grab and Go Turkey Deli Sub Sandwich, Garden Vegetable Salad

Creation Build Your Own Sub

4

FRIDAY

Classic Cafe Chicken Parmesan Sandwich, Kettle Potato Chips

Diner BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun

Pizza Parlor Sausage Pizza, Pepperoni Pizza, Cheese Pizza

Grab n Go Cold Cut Combo Sub, Crispy Chicken Wrap

Creation Popcorn Chicken Bowl

2

WEDNESDAY

Classic Cafe Italian Stromboli, Marinara Sauce, Birthday Cake

Diner Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun

Pizza Parlor Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza

Grab n Go Turkey Ranch Wrap, Crispy Chicken Salad

Creation Taco Bar

EXTRA INFO

Harvest of the Month



All meals include Fresh Fruit and Vegetable Bar and choice of White Skim or Chocolate Skim Milk. For questions or comments, contact Patricia Karaba at 715-365-9547 or email karabpat@rhineland.k12.wi.us.

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7 MONDAY

- Classic Cafe** Swedish Meatballs, Pasta, Bread Stick
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Double Decker PB & J Sandwich, Chef Salad
- Creation** Build Your Own Baked Potato

8 TUESDAY

- Classic Cafe** Southwestern Burger, Kettle Potato Chips
- Diner** Pizza Burger Melt, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** BBQ Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Turkey Deli Sub Sandwich, Garden Vegetable Salad
- Creation** Breakfast Bar

9 WEDNESDAY

- Classic Cafe** Fish Hoagie, Golden French Fries, Chocolate Chip Cookie
- Diner** Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Turkey Ranch Wrap, Crispy Chicken Salad
- Creation** Pasta Bar

10 THURSDAY

- Classic Cafe** Philly Steak on Ciabatta, Warm Potato Salad with Mustard
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Cheese Bread, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Italian Sub, Turkey BLT Salad
- Creation** Build Your Own Sub

11 FRIDAY

- Classic Cafe** Pizza Bake, Garlic Toast
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Cold Cut Combo Sub, Crispy Chicken Wrap
- Creation** Wing Bar

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14

MONDAY

- Classic Cafe** Pancakes, Sausage Patty, Breakfast Potatoes
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Double Decker PB & J Sandwich, Chef Salad
- Creation** Taco Bar

15

TUESDAY

- Classic Cafe** Popcorn Chicken, Mashed Potatoes, Gravy, Whole Grain Dinner Roll
- Diner** Pizza Burger Melt, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** BBQ Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Turkey Deli Sandwich, Garden Vegetable Salad
- Creation** Mac & Cheese Bar

16

WEDNESDAY

- Classic Cafe** Walking Taco, Lettuce, Tomato, Cheese, Mexican Brown Rice
- Diner** Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Turkey Ranch Wrap, Crispy Chicken Salad
- Creation** Popcorn Chicken Bowl

17

THURSDAY

- Classic Cafe** Pulled Pork Sandwich, Kettle Potato Chips, Mini Rice Krispie Treat
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Cheese Bread, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Italian Sub, Turkey BLT Salad
- Creation** Build Your Own Baked Potato

18

FRIDAY

- Classic Cafe** BBQ Meatball Sub, Broccoli Salad
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Cold Cut Combo Sub, Crispy Chicken Wrap
- Creation** Pasta Bar

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21

MONDAY

- Classic Cafe** Beef & Broccoli Stir Fry, Brown Rice, Bread Stick
- Diner** Spicy Chicken Patty on Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Meatlovers, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Double Decker PB & J Sandwich, Chef Salad
- Creation** Wing Bar

22

TUESDAY

- Classic Cafe** Cheese & Pepperoni Flatbread, Kettle Potato Chips
- Diner** Pizza Burger Melt, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** BBQ Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Turkey Deli Sub Sandwich, Garden Vegetable Salad
- Creation** Breakfast Bar

23

WEDNESDAY

- Classic Cafe** Roasted Hot Dog on a Bun, Macaroni & Cheese
- Diner** Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Turkey Ranch Wrap, Crispy Chicken Salad
- Creation** Taco Bar

24

THURSDAY

- Classic Cafe** Chicken Marinara w/ Pasta, Garlic Breadstick
- Diner** Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Cheese Bread, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Italian Sub, Turkey BLT Salad
- Creation** Build Your Own Sub

25

FRIDAY

- Classic Cafe** Crispy Chicken Tenders, Cheesy Fries, Chocolate Chip Cookie
- Diner** BBQ Rib Sandwich, Cheeseburger on Bun, Hamburger on a Bun
- Pizza Parlor** Sausage Pizza, Pepperoni Pizza, Cheese Pizza
- Grab n Go** Cold Cut Combo Sub, Crispy Chicken Wrap
- Creation** Mac & Cheese Bar

Harvest of the Month



CHERRIES



MUSHROOMS



ROSEMARY

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28

MONDAY

Classic Cafe NO SCHOOL

Grab and Go

31

THURSDAY

Classic Cafe Crunchy Fish Sticks, Tator Tots, Coleslaw, Sugar Cookie

Diner Chicken Patty on Whole Grain Bun, Cheeseburger on Bun, Hamburger on a Bun

Pizza Parlor Cheese Bread, Pepperoni Pizza, Cheese Pizza

Grab n Go Italian Sub, Turkey BLT Salad

Creation Build Your Own Baked Potato

29

TUESDAY

Classic Cafe Chicken Bacon Ranch Melt, Kettle Potato Chips

Diner Pizza Burger Melt, Cheeseburger on Bun, Hamburger on a Bun

Pizza Parlor BBQ Chicken Pizza, Pepperoni Pizza, Cheese Pizza

Grab n Go Turkey Deli Sub Sandwich, Garden Vegetable Salad

Creation Popcorn Chicken Bowl

1

FRIDAY

Classic Cafe Sloppy Joe on a Bun, Potato Wedges

Diner Bacon Cheeseburger, Cheeseburger on Bun, Hamburger on a Bun

Pizza Parlor Buffalo Chicken Pizza, Pepperoni Pizza, Cheese Pizza

Grab n Go Turkey Ranch Wrap, Crispy Chicken Salad

Creation Pasta Bar

30

WEDNESDAY

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