



Eat different foods each day for a wide variety of nutrients.

Shawano Elementary Breakfast Menu

DECEMBER 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cardamom is the world's second most expensive spice, saffron being the most.

Free & Reduced Price Meal Benefit information & application can be obtained by contacting the Food Service Office.

1
Breakfast Stackers
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

2
Iced Long John
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

5
Breakfast Pizza
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

6
Cinni Mini's
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

7
Pancake on a Stick
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

8
Egg & Cheese Biscuit
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

9
Breakfast Burrito
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

12
Banana Bread
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

13
Mini Donut Holes
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

14
Banana Yogurt Split
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice

15
Mini Pancakes w/Syrup
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

16
Cinnamon Roll
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

19
Fred Breakfast Cookie
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice

20
French Toast Bread
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

21
Pancake on a Stick
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

22
Breakfast Pizza
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

23
Iced Long John
or
Choice of Cereal
Graham Crackers
Served with:
Vegetable Choice
Fruit or Juice
Milk

26
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

29
NO SCHOOL

30
NO SCHOOL

PRICES

Elementary	\$1.00
Secondary	\$1.35
Reduced	\$.30
Adult	\$1.60



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with breakfast.
Entree Salads are served with Dinner Roll
Sarah Moesch, FSD
moeschs@shawanoschools.com
715-526-2175 ext. 8250

