



Don't forget to eat your vegetables.

Shawano Secondary Breakfast Menu

January 2018

Secondary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
NO SCHOOL

2
Breakfast Pizza
OR Brekkie
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

3
Breakfast Biscuit Sandwich
OR Banana Loaf w/cheese
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

4
Breakfast Banana Split
Or Uncrustable
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

5
Cinnamon Roll
Pancake on a Stick
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

8
Brekkie
OR Breakfast Pizza
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

9
Apple Bosco Stick
Or Breakfast Sandwich
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

10
Mini Donuts
Cheese Stick
OR Mini Waffles
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

11
Cheesy Ham Melt
Or Uncrustable
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

12
Breakfast Burrito
Assorted Toppings
OR Muffin
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

15
Breakfast Pizza
Mini Cinni's
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

16
Banana Loaf with Cheese Stick
Mini Pancakes
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

17
Waffle Sandwich
Syrup
Or Brekkie
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

18
Chocolate Chip Muffin with Cheese Stick
OR Bosco Stick
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

19
Long John with Icing
Or Pancake on a Stick
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

22
NO SCHOOL

23
Brekkie
Or Breakfast Pizza
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

24
Eggo Waffles
Syrup
Or Uncrustable
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

25
Breakfast Stacker Sandwich
Or Muffin with Cheese
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

26
Cinnamon Roll
Omelet, Toast & Tri Tator
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

29
Breakfast Pizza
French Toast Bread
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

30
Blueberry Muffin with Yogurt Cup
Pancake on a Stick
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

31
Banana Bread with Cheese Stick
French Toast
Choice of Cereal
Graham Crackers
Fruit or Juice
Milk

Choose **MyPlate.gov**

PRICES

Secondar	\$1.35
Reduced	\$0.30
Adult	1.60
A la Carte Milk	\$.30
Extra Entree	\$1.60

HARVEST OF THE MONTH

GINGER
ARUGULA
Lemon

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with breakfast.

For questions or comments, contact Sarah Moesch, FSD at 715-526-2175 ext. 8250 or email moesch@s@shawanoschools.com