



Don't forget to eat your vegetables.

Shawano Elementary

Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

February

2018

MONDAY

29

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Egg Bake
or Cereal Bowl with
Cheese Stick
OR Chef Salad
OR Yogurt Pak

Petite Cinnamon Roll
Tri Tator Potato

Homemade Chili in a
Bread Bowl
OR Hot Dog with Chili

OR Chef Salad
OR Deli Sub

Potato Wedges

Pulled Pork Sandwich
OR Chicken Nuggets with
Dinner Roll

OR Chef Salad
OR Yogurt Pak

Potato Smiles

HOM Mango
Beefy Nachos
OR Italian Meatball Sub

OR Chef Salad
OR Deli Sub

Black Beans, Mango Salsa
and Chips Samples

Pepperoni Flatbread
OR Chicken Parmesan
Sandwich on Sub Bun
OR Chef Salad
OR Yogurt Pak

California Blend
Vegetables

Pancakes with Syrup
Sausage Patty
OR Hot Ham & Cheese

OR Chicken Caesar Salad
OR Chips, Salsa &
Cheese
Tri Tator Potato

HOM Okra and Cayenne
Chicken Jambalaya and
Garlic Toast
OR Golden Corn Dog

OR Chicken Caesar Salad
OR Deli Sandwich

Roasted Okra Samples

Valentine's Day
Crispy Chicken Tender
Basket
OR Fish Nugget Basket
OR Chicken Caesar Salad
OR Chips, Cheese & Salsa
French Bread, Kettle
Chips & Pickle
Rice Krispie Treat

Macaroni & Cheese
with Mini Corn Dogs
OR BBQ Rib on a Bun

OR Chicken Caesar Salad
OR Deli Sandwich

Green Beans

Pizza Parlor Pizza

OR Build your own Burger

OR Chicken Caesar Salad
OR Chips, Salsa &
Cheese Cubes
Roasted Broccoli

NO SCHOOL

Popcorn Chicken Bites

OR Salisbury Steak
Sandwich
OR Cravin Chicken Salad
OR Honey Ham Wrap
Mashed Potatoes, Gravy,
Corn and Pan Roll

BBQ Chicken on WG Bun

OR Classic Cheeseburger
OR Cravin Chicken Salad
OR Honey Ham Wrap

Calico Baked Beans
****Brownie****

French Bread Pizza

OR Philly Flatbread

OR Cravin Chicken Salad
OR Honey Ham Wrap
Roasted Cauliflower

Grilled Cheese Sandwich

OR Tuna Panini
OR Cravin Chicken Salad
OR Honey Ham Wrap

Tomato Soup

Chicken Tender Basket
and a Soft Pan Roll
OR All American Burger
Basket
OR Turkey BLT Wrap
OR Deli Sandwich
Kettle Chips and a Pickle
Slice

Soft Shell Tacos
Lettuce, Cheese and
Salsa
OR Hot Dog on a Bun
OR Turkey BLT Salad
OR Deli Sub
Refried Beans

Italian Stromboli with
Dipping Sauce
OR BBQ Rib on a Bun
OR Turkey BLT Salad
OR Deli Sub

Green Beans
****Cookie****



Choose **MyPlate.gov**



PRICES

Regular	\$2.30
Reduced	\$0.40
Adult	\$3.20
A la Carte Milk	\$0.30

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, Sarah Moesch
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