



Don't forget to eat your vegetables.

# Williams Bay HS/MS

## Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

January

2019

### MONDAY

Choose **MyPlate.gov**

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**National Soup Month** 1

2

**HOM Grapefruit** 3

4

7

Roasted Hot Dog

OR Chicken Nuggets

Fries

8

Roasted Pork and Gravy

OR mini Corndogs

Mashed Potatoes & Soft Pan Roll

9

BBQ Chicken Sandwich

OR Cheese Quesadilla

\*\*Birthday Cake\*\*

10

French Bread Pizza

OR Tuna Melt

Roasted Cauliflower

11

**National Milk Day**

Cheeseburger

OR Toasted Cheese

Garden Green Beans

14

**HOM Basil and Onion**

Lasagna Rolls

OR Meatball Sub

Garden Salad

15

Crispy Chicken Sandwich Basket with a Pan Roll

OR All American Burger Basket

Kettle Chips

16

Fish Sticks

OR Roasted Chicken

Tater Tots

17

Beefy Nachos

OR Chicken fajitas

Refried Beans

18

Roast Turkey and Gravy

OR Home-style Meatloaf

Mashed Potato & Gravy

\*\*\*\*Cookie\*\*\*\*

21

Hot Ham & Cheese

OR Parmesean Chicken Sandwich

Green Beans

22

**Southern Food Day**

Turkey A La King over a Biscuit

OR Pasta Bake

Garden Salad

23

Beef Stroganoff and a Roll

OR Meatball Sub

Garlic & Herb Broccoli

\*\*Rice Krispy Treat\*\*

24

NO LUNCH

25

NO SCHOOL

28

Pizza Parlor Pizza

OR Chicken Patty on a Bun

Green Beans

29

Lasagna

Garlic Toast

OR BBQ Riblet Sandwich

Green Beans

30

Walking Tacos with Lettuce, Cheese, Salsa

Fajita Chicken

Spiced Corn

31

Oven Roasted Chicken with a French Bread Slice

OR Roasted Hotdog

Garden Salad

### PRICES

Regular	\$2.85
Reduced	\$0.40
Adult	\$3.50
Adult	\$0.40
Extra Entrée	\$2.90

### HARVEST OF THE MONTH

ONIONS  
GRAPEFRUIT  
BASIL

### EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions or comments, contact  
cathie Gudino at 262-245-6224  
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