



Don't forget to eat your vegetables.

Williams Bay HS/MS

Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

October

2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Farm to School Month 2

Parmesan Chicken Bites
Buttered Noodle

OR Build Your Own Baked Potato and a Soft Pan Roll

California Blend Vegetable

Turkey Nacho Supreme 3

OR Golden Corn Dog

Spiced Pinto Beans

Pizza Parlor Pizza 4

OR Enchilada and Mexican Rice

Cole Slaw

HOM ApplesCinnamon 5

Ham, Cheese and Egg on a English Muffin

OR Pulled Pork on Ciabatta

Tater Tots
Pumpkin Apple Muffin

Homemade Meatloaf and a French Bread Slice 6

OR Hot Turkey Sandwich

Mashed Potatoes and Gravy

School Lunch Week 9

Pancakes, Fruit Topping

OR Biscuits and Gravy

Breakfast Potato Dish

Chicken Tenders and a Soft Pan Roll 10

OR Salisbury Steak Sandwich

Mashed Potato and Gravy

BBQ Chicken on Ciabatta 11

OR Philly Flatbread

Calico Beans
Birthday Cake

Great Apple Crunch 12

French Bread Pizza

OR Tuna Panini

Roasted Cauliflower

Chicken Alfredo over Pasta & Garlic Toast 13

OR Classic Cheeseburger

Garden Green Beans

Homemade Chili in a Bread Bowl 16

OR Golden Corn Dog

Potato Wedges

HOM Apples/Cinnamon 17

Chicken Tenders

Or Roasted Pork and gravy

Mashed Potatoes

Pulled Pork Sliders 18

OR Italian Stromboli

Creamy Coleslaw
Chocolate Chip Cookie

Beefy Nachos with Cheese Sauce 19

OR Chicken Bacon Ranch Melt

Refried Beans

National Fruit Day 20

Cheese Bread Dunkers with Marinara

Or Chicken Patty on a Bun

Garden Salad

French Toast Sticks 23

Or Sausage Patty

Breakfast Potato

Cheese Burger 24

OR Chicken Fajitas

Cucumber Salad

Pasta with Meatsauce and a French Bread Slice 25

OR Turkey Sub

Garden Green Beans

HOM Clementine 26

Chicken Nuggets

OR Fish Sandwich

Golden French Fries

National Brownie Day 27

NO LUNCH

NO LUNCH 30

Breaded Chicken Patty on a Bun 31

Or Homemade Lasagna and Garlic Toast

Garden Salad

Soft Shell Tacos with Lettuce, Cheese, Salsa

OR Roasted Hot Dog

Spiced Pinto Beans



Choose **MyPlate.gov**



PRICES

Regular	\$2.85
Reduced	\$0.40
Milk	\$0.35
Adult	\$3.50
Extra Entrée	\$2.90

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
Cathie Gudino at 262-245-6224
or email cpc@taher.com

