



National
Nutrition
Month

Williams Bay HSMS

Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

March

2019

MONDAY



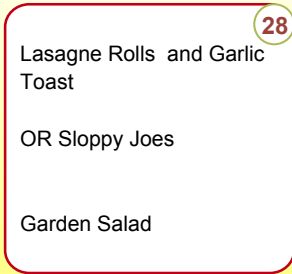
TUESDAY



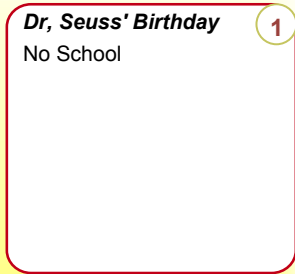
WEDNESDAY



THURSDAY



FRIDAY



National Nutrition Month 4

French Toast Sticks
Sausage Patty

OR Hot Ham & Cheese
Sandwich

Breakfast Potato

National Noodle Month 5

Meatball Sub

OR Hot Dog on a Bun

Green Beans

Fish Stick Basket

OR Chicken Nugget
Basket

Fries

Turkey Sub

OR Cheeseburger

Kettle Chips
Brownie

HOM Spinach 8

Pasta Bake

OR Riblet

Corn

Popcorn Chicken Bites
Over Rice

OR Egg Rolls

Green Peas
Krispy Treat

Lasagna Rollup and
Garlic Toast

OR Hot ham and Cheese
Sandwich

Garden Salad

Chicken Soup Day 13

Chicken Patty Sandwich

OR Corn Dogs

Garden Salad

PI Day 14

Dunkers

OR Turkey Sub

Broccoli

National Irish Food Day 15

NO SCHOOL

Ravioli with Meat Sauce
and a French Bread Slice

OR Chicken Quesadilla

Kale Salad
Cookie

HOM Mint & Strawberry 19

Beefy Nachos
Cheese
Sauce

OR Chicken Fajitas

Refried Beans

Chicken Nugget Basket
and soft pan roll

OR Fish Nugget Basket

Tator Tots

Hot Dog on a Bun

OR Meatball Sub

Baked Beans

Max Sticks

OR Grilled Cheese
Sandwich

Green Beans

VACATION

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PRICES

| | |
|--------------|--------|
| Regular | \$2.85 |
| Reduced | \$0.40 |
| Adult | \$3.50 |
| Milk | \$0.40 |
| Extra Entrée | \$2.90 |

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
Cathie Gudino at 262-245-6224
or email cpc@taher.com

