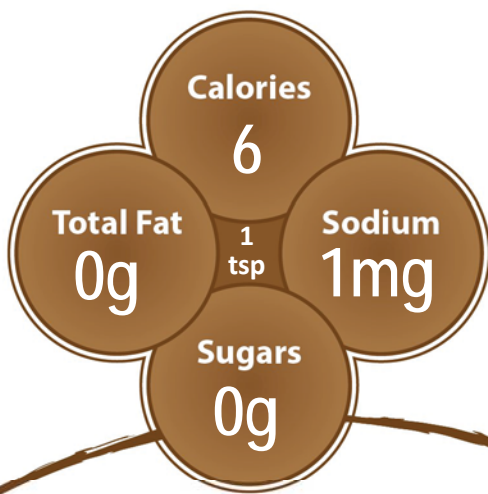


# Harvest of the Month



Ginger



## FUN FACTS:

Fresh ginger is a knobby tan root with ivory flesh.

It grows in southern China, Japan, West Africa and other tropical countries. Jamaican ginger is considered to be the best of all!

It has a peppery, spicy and slightly sweet flavor, and is an essential ingredient in Asian and Indian cookery.

Mature ginger must be peeled before you use it. You can refrigerate ginger for up to 3 weeks or freeze it for up to 6 months.

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